

2025 Rio Maior World Triathlon Technical Officials Level 1 Seminar

Pavilhão Multiusos de Rio Maior, Portugal – Date- 15/16 novembro 2025

Preletora: Anabela Santos

DAY 1 – 15/11/2025	
15:00 – 15:15	Opening Speech
15:15 – 17:00	Introductions, Triathlon History, About World Triathlon
17:00 – 17:15	Short Break
17:15 – 18:45	Technical Operations 1 (TOs' pathway, TOs' education)
18:45 – 19:00	Short Break
19:00 – 20:30	Technical Operations 2 (Building rapport, Code of Behaviour, TOs' Responsibilities)
20:30 – 22:00	Technical Operations 3 (Penalties, Penalty Box)

DAY 2 – 16/11/2025	
08:00 – 09:15	Technical Operations 4 (Conduct of Athletes, Registration, Bike check)
09:15 – 10:30	Technical Operations 5 (Athletes' Introduction, Start Procedures)
10:30– 10:45	Short Break
10:45 – 12:00	Technical Operations 6 (Swim, Transition)
12:00 – 13:15	Technical Operations 7 (Bike, Wheel Station, Lap Audit)
13:15 – 14:15	Lunch Break
14:15 – 15:30	Technical Operations 8 (Run, Aid station)
14:30 – 16:00	Technical Operations 9 (Finish, Timing & Results, Protest / appeals)
16:00 – 16:15	Short Break
16:15 – 17:45	Technical Operations 10 (Awarding Ceremony, Doping Control, CPR)
17:45 – 18:00	Short Break
18:00 – 18:45	Open book exam