

Data:	08-11-2015	Hora:	10h00	Local:	Ponta Delgada							
Natação	1.900 mt	PT1:	0 mt	Ciclismo:	84.000 mt	PT2:	0 mt	Corrida:	21.100 mt			
Ranking:	CN Clube Triatlo Longo		Hora de Partida:	00h00								

Lu	Dors	Lic	Nome	PEN	Escal	Nome de clube	P	Nataçã	P	PT1	P	Ciclism	P	PT2	P	Corrida	Total	Diff
1	2086	1010	Miguel Furtado	-	S23	SFRAA TRIATLO	1	00:22:43	7	00:01:34	3	02:25:26	6	00:01:10	3	01:25:04	04:15:57	
2	3558	1025	Nuno José Silva	-	SEN	Garmin Olímpico de Oeiras	16	00:30:36	11	00:01:54	1	02:21:32	7	00:01:11	4	01:25:13	04:20:26	00:04:29
3	3784	1008	Paulo Gonçalves	-	SEN	Clube de Praças da Armada	12	00:29:41	14	00:01:58	5	02:26:54	1	00:00:53	1	01:24:51	04:24:17	00:08:20
4	3735	1003	Ricardo Filipe Costa	-	SEN	AHBE - Bombeiros Estoris	4	00:26:05	4	00:01:31	6	02:27:25	13	00:01:24	7	01:30:24	04:26:49	00:10:52
5	3105	1013	João Fragoso	-	SEN	Nutrimania Sports Nutrition/Amorensense	11	00:29:07	9	00:01:40	2	02:24:08	11	00:01:20	9	01:31:09	04:27:24	00:11:27
6	4656	1012	Carlos da Cruz	-	V1	Sporting CP	2	00:24:01	3	00:01:30	7	02:30:00	15	00:01:33	8	01:30:30	04:27:34	00:11:37
7	3141	1008	Luís Fernandes	-	SEN	Clube de Praças da Armada	15	00:30:35	22	00:02:21	8	02:30:38	5	00:01:05	2	01:24:54	04:29:33	00:13:36
8	3138	1012	João Matos	-	SEN	Sporting CP	19	00:31:46	2	00:01:29	9	02:34:22	10	00:01:17	5	01:27:19	04:36:13	00:20:16
9	5971		Ivan Martin	-	S23	Individual	6	00:27:43	17	00:02:03	12	02:38:12	14	00:01:30	6	01:29:08	04:38:36	00:22:39
10	3168	1013	Cristiano Pisco	-	SEN	Nutrimania Sports Nutrition/Amorensense	5	00:26:53	16	00:01:58	10	02:36:01	3	00:01:01	11	01:32:59	04:38:52	00:22:55
11	4157	1020	Eduardo Coelho	-	V1	S.U.Colarensense	8	00:28:22	12	00:01:54	13	02:38:19	19	00:01:46	10	01:32:27	04:42:48	00:26:51
12	2005	1022	Gonçalo Oliveira	-	S23	Clube de Nataçãõ da Amadora	3	00:24:51	5	00:01:32	17	02:43:01	4	00:01:02	13	01:37:24	04:47:50	00:31:53
13	4617	1002	Marco Cruz	-	V1	Individual	21	00:31:53	21	00:02:09	4	02:25:39	2	00:01:01	19	01:47:27	04:48:09	00:32:12
14	4350	1013	João Góis Gomes	-	V2	Sporting CP	10	00:28:55	13	00:01:57	15	02:40:54	9	00:01:15	15	01:40:19	04:53:20	00:37:23
15	4394	1013	Pedro Miguel Jorge	-	V2	Nutrimania Sports Nutrition/Amorensense	14	00:30:27	23	00:02:24	16	02:41:42	12	00:01:20	14	01:38:47	04:54:40	00:38:43
16	4121	1014	Paulo Codinha	-	V2	TRIATLO CLUBE TAP	7	00:27:52	24	00:02:41	14	02:38:19	24	00:02:03	17	01:44:32	04:55:27	00:39:30
17	5973		Rolf Asmund	-	V1	Individual	23	00:31:58	28	00:03:51	11	02:37:07	28	00:02:24	20	01:50:08	05:05:28	00:49:31
18	4504	1005	Miguel Menezes	-	V1	SFRAA TRIATLO	17	00:30:40	18	00:02:06	20	02:50:32	18	00:01:45	18	01:46:46	05:11:49	00:55:52
19	4642	1010	Rui Cabral	-	V1	Clube de Triatlo de Almada	22	00:31:55	20	00:02:08	24	03:01:13	26	00:02:19	12	01:35:09	05:12:44	00:56:47
20	4105	1010	Mário Pires	-	V1	Clube de Triatlo de Almada	13	00:30:26	27	00:03:16	18	02:49:14	23	00:01:59	25	01:57:03	05:21:58	01:06:01
21	4729	1023	Augusto Almeida	-	V2	Individual	25	00:33:30	19	00:02:07	21	02:54:24	22	00:01:53	21	01:53:52	05:25:46	01:09:49
22	3508	1001	João Mouta	-	SEN	Garmin Olímpico de Oeiras	9	00:28:51	15	00:01:58	25	03:05:05	20	00:01:47	24	01:56:24	05:34:05	01:18:08
23	4408	1002	Vitor Cabrita	-	V2	Garmin Olímpico de Oeiras	20	00:31:53	29	00:03:59	29	03:11:22	30	00:03:28	16	01:43:24	05:34:06	01:18:09
24	3517	1008	Fábio Pratas	-	SEN	Clube de Praças da Armada	24	00:33:08	8	00:01:36	26	03:06:16	8	00:01:13	23	01:54:58	05:37:11	01:21:14
25	4043	1014	Angelo Felgueiras	-	V3	TRIATLO CLUBE TAP	29	00:41:49	26	00:03:04	22	02:58:29	16	00:01:34	22	01:54:11	05:39:07	01:23:10
26	3633	1009	Filipe Gomes	-	SEN	Clube de Triatlo de Almada	30	00:44:45	30	00:04:10	19	02:49:53	21	00:01:48	27	02:01:45	05:42:21	01:26:24
27	4110	1009	Filipa Oliveira	-	V1	Clube de Triatlo de Almada	18	00:31:34	10	00:01:50	27	03:10:05	17	00:01:41	26	02:01:19	05:46:29	01:30:32
28	4123	1018	Rui Ferreira	-	V1	SFRAA TRIATLO	28	00:38:39	25	00:02:49	23	02:59:39	27	00:02:20	28	02:14:04	05:57:31	01:41:34
29	4694	1002	Gonçalo Sousa	-	V1	AHBE - Bombeiros Estoris	27	00:38:32	6	00:01:33	28	03:11:17	29	00:02:28	30	02:16:41	06:10:31	01:54:34

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Natação	1.900 mt	PT1:	0 mt	Ciclismo:	84.000 mt	PT2:	0 mt	Corrida:	21.100 mt	

Ranking:	CN Clube Triatlo Longo	Hora de Partida:	00h00
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Lu	Dors	Lic	Nome	PEN	Escal	Nome de clube	P	Nataçã	P	PT1	P	Ciclism	P	PT2	P	Corrida	Total	Diff
30	4023	1008	Francisco Bexiga	-	V4	Clube de Praças da Armada	26	00:35:38	1	00:00:24	30	03:51:46	25	00:02:16	29	02:16:05	06:46:09	02:30:12
	3400	1008	Marco Costa	DNF	SEN	Garmin Olímpico de Oeiras		00:27:19		00:01:56		02:26:00		00:01:28				-
	3322	1013	Antonio Fortuna	DNF	SEN	Nutrimania Sports Nutrition/Amorense		00:28:24		00:01:30		02:36:07		00:01:14				-
	3342	1014	Rodrigo Baltazar	DNF	SEN	TRIATLO CLUBE TAP		00:24:48		00:01:42								-
	4449	1014	Nuno Santos	DNF	V2	TRIATLO CLUBE TAP		00:31:26		00:01:34		02:46:57		00:01:47				-
	3548	1002	Paulo Soares	DNS	SEN	Individual												-
	5970		Paulo Fontinhas	DNS	SEN	Individual												-
	4142	1005	Paulo Figueiredo	DNS	V1	SFRAA TRIATLO												-