

Data:	29-01-2012	Hora:	11h00	Local:	Jamor			
Corrida	5.000 mt	Ciclismo:	14.500 mt	Corrida:	2.500 mt			

Ranking:	Taça PORTerra	Hora de Partida:	00h00
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Lu	Dors	Lic	Nome	PEN	Escal	Nome de clube	P	Corrida	P	Ciclism	P	Corrida	Total	Diff
1	1100	40	Luisa Condeço	-	CAD	C. D. "Os Águias" de Alpiarça	99	00:19:46	85	00:40:35	57	00:10:22	01:10:44	
2	3051	1774	Patricia Serafim	-	SEN	Garmin Olímpico de Oeiras	93	00:19:42	89	00:40:53	83	00:10:40	01:11:17	00:00:33
3	3144	2048	Cristiana Valente	-	SEN	Clube dos Galitos	78	00:19:31	173	00:43:59	49	00:10:17	01:13:48	00:03:04
4	3033	1741	Irina Coelho	-	SEN	Louletano	154	00:20:52	113	00:41:40	167	00:11:32	01:14:05	00:03:20
5	1586	847	Rita Maria Lopes	-	JUN	Amiciclo	129	00:20:28	158	00:43:32	99	00:10:48	01:14:50	00:04:05
6	1022	508	Andreia Ferrum	-	CAD	C. D. "Os Águias" de Alpiarça	174	00:21:07	149	00:43:11	177	00:11:34	01:15:53	00:05:09
7	1122	516	Daniela Alves	-	CAD	C. T. Fundão	142	00:20:45	236	00:46:20	87	00:10:41	01:17:47	00:07:03
8	5103	353	Ana Teresa Machado	-	S23	Garmin Olímpico de Oeiras	140	00:20:45	233	00:46:12	140	00:11:16	01:18:14	00:07:29
9	1103	39	Vitória Oliveira	-	CAD	C. D. "Os Águias" de Alpiarça	311	00:23:04	184	00:44:21	259	00:12:23	01:19:50	00:09:05
10	1104	38	Erica Cardigo	-	CAD	C. D. "Os Águias" de Alpiarça	232	00:21:58	266	00:47:05	142	00:11:18	01:20:22	00:09:38
11	3587	1034	Isa Parreira	-	SEN	Louletano	197	00:21:25	293	00:47:46	147	00:11:21	01:20:33	00:09:49
12	1105	917	Maria Eduarda Vidigueira	-	CAD	C. D. "Os Águias" de Alpiarça	267	00:22:25	253	00:46:43	154	00:11:25	01:20:34	00:09:50
13	3440	117	Filipa Fernandes	-	SEN	Amiciclo	286	00:22:37	229	00:46:05	246	00:12:16	01:20:59	00:10:14
14	3489	1151	Cecilia Shinn	-	SEN	Garmin Olímpico de Oeiras	225	00:21:50	326	00:48:59	143	00:11:18	01:22:09	00:11:24
15	3032	1745	Ana Vigário	-	SEN	LA Alumínios / Antarte	382	00:24:27	175	00:44:00	410	00:14:04	01:22:32	00:11:47
16	1585	43	Andreia Lopes	-	JUN	Amiciclo	319	00:23:12	243	00:46:30	320	00:12:56	01:22:39	00:11:55
17	3336	2441	Maria do Céu Nunes	-	SEN	Núcleo Sportinguista da Golegã	201	00:21:32	357	00:50:25	206	00:11:50	01:23:47	00:13:03
18	3240	59	Carla Ribeiro	-	SEN	Ateneu Artístico Cartaxense	279	00:22:29	345	00:49:49	239	00:12:10	01:24:29	00:13:45
19	591	2444	Silvia Costa	-	SEN	Núcleo Sportinguista da Golegã	243	00:22:04	366	00:50:52	209	00:11:54	01:24:51	00:14:07
20	4057	1742	Natalia Mendes	-	V1	Louletano	430	00:25:31	281	00:47:25	409	00:14:03	01:26:59	00:16:15
21	1018	524	Catarina Marques	-	CAD	Ext. Coop. da Benedita	335	00:23:29	358	00:50:26	365	00:13:21	01:27:17	00:16:32
22	1084	2186	Mariana Pombo	-	CAD	Núcleo Sportinguista da Golegã	338	00:23:34	439	00:54:19	272	00:12:32	01:30:25	00:19:41
23	3093	1901	Sandra Santos	-	SEN	Núcleo Sportinguista da Golegã	377	00:24:22	399	00:52:28	385	00:13:35	01:30:25	00:19:41
24	4335	518	Filomena Gomes	-	V1	Garmin Olímpico de Oeiras	443	00:25:48	374	00:51:13	434	00:14:35	01:31:37	00:20:52
25	5576		Teresa Ribeiro	-	V2	Individual	302	00:22:52	416	00:53:25	491	00:15:42	01:32:00	00:21:15
26	3313	2357	Carla Cristina	-	SEN	C. N. Alvito	395	00:24:39	443	00:54:41	353	00:13:14	01:32:35	00:21:51
27	190		Ana Paula Gaspar	-	V2	Individual	502	00:27:21	401	00:52:33	467	00:15:17	01:35:11	00:24:27
28	3337	2442	Monica Fernandes	-	SEN	Núcleo Sportinguista da Golegã	514	00:27:50	397	00:52:13	462	00:15:15	01:35:18	00:24:34
29	4535	2451	Isabel Nunes Calixto	-	V1	Núcleo Sportinguista da Golegã	432	00:25:33	478	00:56:46	362	00:13:20	01:35:40	00:24:56
30	2012	351	Carolina Gregório	-	S23	Garmin Olímpico de Oeiras	332	00:23:27	512	01:00:47	325	00:12:57	01:37:12	00:26:28
31	1565	662	Rita Delgado	-	JUN	Associação Naval Amorense	480	00:26:50	454	00:55:20	498	00:15:59	01:38:10	00:27:26
32	3042	1761	Joana Fragata	-	SEN	Núcleo Sportinguista da Golegã	513	00:27:50	448	00:55:07	486	00:15:32	01:38:29	00:27:45
33	5553		Sandra Fernandes	-	V1	Individual	534	00:29:10	493	00:58:45	509	00:16:13	01:44:08	00:33:24
34	5571		Susana Oliveira	-	SEN	Individual	3		6		4		01:44:22	00:33:37
35	1106	569	Ana Catarina Silva	-	CAD	G. D. R. de Manique de Cima	484	00:26:54	543	01:07:17	422	00:14:21	01:48:33	00:37:49
36	1575	439	Caterina Sousa	-	JUN	Individual	543	00:30:48	522	01:01:54	541	00:18:28	01:51:11	00:40:27
37	5138		Ana Teresa Moutinho	-	SEN	Individual	530	00:29:03	546	01:09:56	518	00:16:36	01:55:35	00:44:51
38	5185		Claudia Lourenço	-	V1	Individual	545	00:32:31	547	01:18:00	540	00:18:11	02:08:43	00:57:59
	1109	549	Catarina Calado Ferreira	DNF	CAD	G. D. R. de Manique de Cima		00:32:34						-
	1591	417	Ana Alarico	DNF	JUN	Núcleo Sportinguista da Golegã		00:21:56						-
	3478	845	Sofia Brites	DNF	SEN	Amiciclo		00:23:12		00:47:02				-
	3722	626	Ana Sofia Henriques	DNF	SEN	Garmin Olímpico de Oeiras		00:21:38						-
	1536	1559	Tânia Henriques	DNS	JUN	Associação Naval Amorense								-
	1593	2298	Margarida Beato	DNS	JUN	A. H. Bombeiros Estoris / 3 IRON								-
	4310	842	Isabel Cansado	DNS	V2	Amiciclo								-
	4533	2449	Maria Adélia Martins	DNS	V1	Núcleo Sportinguista da Golegã								-
	5200		Elsa Luis	DNS	V1	Individual								-
	5247		Joana Fragata	DNS	SEN	Individual								-
	5552		Sandra Amaral	DNS	SEN	Individual								-

Data:	29-01-2012	Hora:	11h00	Local:	Jamor			
Corrida	5.000 mt	Ciclismo:	14.500 mt	Corrida:	2.500 mt			

Ranking:	Taça PORTerra	Hora de Partida:	00h00
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Lu	Dors	Lic	Nome	PEN	Escal	Nome de clube	P	Corrida	P	Ciclism	P	Corrida	Total	Diff
	5615		Vitoria Correia	DNS	SEN	Individual								-
	5626		Raquel Guerreiro	DNS	SEN	Individual								-