

Data:	16-04-2011	Hora:	11h30	Local:	Coimbra			
Natação	750 mt	Ciclismo:	20.000 mt	Corrida:	5.000 mt			

Ranking:	Taça de Portugal	Hora de Partida:	00h00
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Lu	Dors	Lic	Nome	PEN	Escal	Nome de clube	P	Nataçã	P	Ciclism	P	Corrida	Total	Diff
1	2160	16	Ruben Costa	-	S23	Sporting CP - St.Peters School	10	00:08:55	14	00:37:35	3	00:16:30	01:03:00	
2	1512	54	Miguel Fernandes	-	JUN	Alhandra Sporting Club	3	00:08:47	12	00:37:32	4	00:17:07	01:03:26	00:00:25
3	2015	30	João Serrano	-	S23	C. D. "Os Águias" de Alpiarça	4	00:08:49	15	00:37:35	5	00:17:13	01:03:38	00:00:37
4	2152	17	Pedro Laginha Palma	-	S23	DUNIK.PT-Clube dos Galitos	17	00:09:21	4	00:37:08	7	00:17:22	01:03:53	00:00:52
5	2124	14	Vasco Pessoa	-	S23	C. D. "Os Águias" de Alpiarça	8	00:08:53	11	00:37:29	8	00:17:35	01:03:58	00:00:57
6	2002	32	Gil Maia	-	S23	DUNIK.PT-Clube dos Galitos	18	00:09:28	3	00:36:53	10	00:17:49	01:04:12	00:01:11
7	1508	53	Rafael Ribeiro	-	JUN	Alhandra Sporting Club	12	00:09:00	8	00:37:23	11	00:17:58	01:04:21	00:01:20
8	1543	52	Filipe Azevedo	-	JUN	Garmin Olímpico de Oeiras	13	00:09:00	7	00:37:22	13	00:18:06	01:04:29	00:01:28
9	1531	23	Pedro Araújo Mendes	-	JUN	Individual	2	00:08:46	19	00:37:45	14	00:18:07	01:04:39	00:01:38
10	3284	36	Pedro Gomes	-	SEN	COMPEED - Tri-Oeste	15	00:09:14	6	00:37:20	16	00:18:15	01:04:50	00:01:49
11	3564	1150	Alberto González	-	SEN	COMPEED - Tri-Oeste	22	00:09:41	24	00:37:51	6	00:17:21	01:04:55	00:01:54
12	1293	51	Pedro Afonso Gaspar	-	CAD	Núcleo Sportinguista da Golegã	5	00:08:50	13	00:37:33	20	00:18:34	01:04:57	00:01:56
13	1554	195	Rui Tenrinho	-	JUN	C. D. "Os Águias" de Alpiarça	6	00:08:51	10	00:37:29	21	00:18:38	01:04:59	00:01:58
14	1303	50	Ricardo Calado	-	CAD	C. D. "Os Águias" de Alpiarça	24	00:09:43	18	00:37:41	9	00:17:47	01:05:12	00:02:12
15	2151	226	Tiago Maia	-	S23	DUNIK.PT-Clube dos Galitos	7	00:08:52	5	00:37:17	34	00:19:05	01:05:14	00:02:13
16	1002	45	Luis Gabriel Monteiro	-	CAD	Alhandra Sporting Club	25	00:09:46	17	00:37:41	15	00:18:09	01:05:38	00:02:37
17	2127	579	Diogo Custódio	-	S23	Sporting CP - St.Peters School	23	00:09:42	23	00:37:51	12	00:18:06	01:05:40	00:02:39
18	2009	31	Fabricao Tomás	-	S23	COMPEED - Tri-Oeste	11	00:08:56	9	00:37:24	45	00:19:36	01:05:58	00:02:57
19	1004	49	Alexandre Nobre	-	CAD	Alhandra Sporting Club	19	00:09:33	21	00:37:49	22	00:18:41	01:06:03	00:03:02
20	1533	24	João Curado	-	JUN	Sporting CP - St.Peters School	9	00:08:53	44	00:38:41	26	00:18:46	01:06:21	00:03:20
21	1198	1355	Francisco Machado	-	CAD	C. N. Colégio Vasco da Gama	14	00:09:11	34	00:38:27	28	00:18:49	01:06:28	00:03:27
22	3063	1035	Nuno Neves	-	SEN	Louletano	28	00:10:00	55	00:38:53	19	00:18:26	01:07:21	00:04:20
23	3342	337	Rodrigo Baltazar	-	SEN	Sporting CP - St.Peters School	43	00:10:20	33	00:38:25	25	00:18:46	01:07:32	00:04:31
24	3501	371	Tiago Neves	-	SEN	COMPEED - Tri-Oeste	31	00:10:05	43	00:38:40	27	00:18:48	01:07:34	00:04:33
25	2129	6	Anais Moniz	-	S23	Sport Lisboa e Benfica	21	00:09:36	26	00:37:59	55	00:20:00	01:07:36	00:04:35
26	3583	1379	Paulo Adão Coelho	-	SEN	Clube Triatlo de Perosinho	38	00:10:12	39	00:38:32	29	00:18:52	01:07:38	00:04:37
27	3261	499	David Caldeirão	-	SEN	Louletano	39	00:10:12	37	00:38:29	30	00:19:01	01:07:43	00:04:43
28	2000	1411	Bruno Pereira	-	S23	DUNIK.PT-Clube dos Galitos	52	00:10:44	27	00:38:02	31	00:19:01	01:07:48	00:04:47
29	1541	1654	Bruno Freitas	-	JUN	Ludens Clube do Machico	36	00:10:10	42	00:38:40	33	00:19:05	01:07:55	00:04:54
30	1024	921	Ricardo Jorge	-	CAD	C. D. "Os Águias" de Alpiarça	16	00:09:19	32	00:38:14	66	00:20:26	01:07:59	00:04:58
31	1120	416	Rafael Domingos	-	CAD	Núcleo Sportinguista da Golegã	1		1		1		01:08:00	00:04:59
32	3127	377	Tiago Lobo	-	SEN	COMPEED - Tri-Oeste	46	00:10:25	36	00:38:28	35	00:19:07	01:08:01	00:05:00
33	3282	254	Márcio Neves	-	SEN	Oeiras Sport Clube	67	00:11:29	20	00:37:48	38	00:19:14	01:08:32	00:05:31
34	1026	1004	Guilherme Lopes	-	CAD	Clube de Triatlo de Almada	42	00:10:18	38	00:38:30	47	00:19:50	01:08:39	00:05:38
35	1522	419	Diogo Rosa	-	JUN	Núcleo Sportinguista da Golegã	58	00:11:05	16	00:37:36	69	00:20:31	01:09:12	00:06:11
36	1005	191	Rúben Tavares	-	CAD	Alhandra Sporting Club	26	00:09:55	60	00:38:56	73	00:20:40	01:09:32	00:06:31
37	3214	443	Miguel Ganchinho	-	SEN	Clube de Triatlo de Almada	84	00:12:09	59	00:38:56	24	00:18:44	01:09:50	00:06:50
38	3102	375	Alexandre Feliz	-	SEN	COMPEED - Tri-Oeste	62	00:11:13	30	00:38:12	70	00:20:33	01:09:59	00:06:58
39	3010	1719	José Miguel Pereira	-	SEN	Peniche A. C.	29	00:10:03	61	00:38:57	85	00:20:59	01:09:59	00:06:59
40	3760	1000	Pedro Pinheiro	-	SEN	S.U.Colarense	112	00:13:09	22	00:37:49	36	00:19:07	01:10:06	00:07:05
41	4012	421	Rui Sousa	-	V1	Louletano	66	00:11:28	72	00:39:27	40	00:19:17	01:10:12	00:07:12
42	3304	482	Ivan Pinto da Silva	-	SEN	Clube Triatlo de Perosinho	54	00:10:48	52	00:38:49	78	00:20:49	01:10:27	00:07:26
43	1052	660	Melanie Santos	-	CAD	Alhandra Sporting Club	33	00:10:07	56	00:38:53	113	00:21:40	01:10:41	00:07:40
44	3296	1102	Jorge Duarte	-	SEN	Garmin Olímpico de Oeiras	111	00:13:08	77	00:39:38	17	00:18:16	01:11:03	00:08:02
45	3591	468	Paulo Janela	-	SEN	Clube de Triatlo de Almada	132	00:13:26	41	00:38:39	32	00:19:03	01:11:09	00:08:08
46	1001	47	Luis Pedro Ferreira	-	CAD	Alhandra Sporting Club	20	00:09:36	25	00:37:57	176	00:23:38	01:11:12	00:08:11
47	3453	515	Armandino Chaves	-	SEN	C. T. Fundação	88	00:12:18	71	00:39:22	44	00:19:32	01:11:13	00:08:12
48	3131	382	João Ferreira	-	SEN	McDonalds/TriBraga	57	00:11:04	89	00:40:25	50	00:19:50	01:11:20	00:08:19
49	1314	680	João Miguel Cristo	-	CAD	Clube de Triatlo de Almada	65	00:11:16	69	00:39:21	76	00:20:45	01:11:22	00:08:22

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Lu	Dors	Lic	Nome	PEN	Escal	Nome de clube	P	Nataçã	P	Ciclism	P	Corrida	Total	Diff
50	1295	522	Miguel Ângelo Silva	-	CAD	Ext. Coop. da Benedita	76	00:11:51	75	00:39:34	57	00:20:00	01:11:26	00:08:25
51	3535	139	Pedro Francisco	-	SEN	TRIATLO CLUBE TAP	144	00:13:48	28	00:38:09	42	00:19:30	01:11:29	00:08:28
52	1509	44	Raquel Rocha	-	JUN	Alhandra Sporting Club	30	00:10:04	62	00:39:00	142	00:22:29	01:11:35	00:08:34
53	4033	422	José Lino	-	V1	Núcleo Sportinguista da Golegã	94	00:12:34	48	00:38:46	61	00:20:16	01:11:37	00:08:36
54	4352	340	Emanuel Neves	-	V1	Clube Triatlo de Perosinho	53	00:10:47	98	00:40:55	54	00:19:55	01:11:37	00:08:36
55	4441	1437	Gary Blesson	-	V2	Assoc. Académica de Coimbra	131	00:13:26	45	00:38:41	43	00:19:30	01:11:38	00:08:37
56	4127	1165	Emanuel Marques	-	V2	Assoc. Académica S. Mamede	89	00:12:21	47	00:38:46	68	00:20:30	01:11:38	00:08:37
57	4147	62	Fernando Carmo	-	V1	C. N. Colégio Vasco da Gama	136	00:13:29	50	00:38:46	41	00:19:23	01:11:39	00:08:39
58	3698	656	José Afonso	-	SEN	McDonalds/TriBraga	103	00:12:51	40	00:38:38	59	00:20:11	01:11:41	00:08:40
59	1008	365	Gonçalo Pitarma	-	CAD	Alhandra Sporting Club	60	00:11:12	73	00:39:31	90	00:21:03	01:11:47	00:08:46
60	1542	1079	Henrique Gouveia	-	JUN	Ludens Clube do Machico	72	00:11:33	82	00:39:51	65	00:20:25	01:11:49	00:08:48
61	3524	632	Paulo Sequeira	-	SEN	Peniche A. C.	79	00:12:00	68	00:39:17	72	00:20:34	01:11:51	00:08:50
62	2086	7	Bárbara Clemente	-	S23	Garmin Olimpico de Oeiras	55	00:10:49	81	00:39:48	102	00:21:25	01:12:03	00:09:02
63	2122	8	Joana Marques	-	S23	Garmin Olimpico de Oeiras	64	00:11:14	2		2		01:12:04	00:09:03
64	3705	469	Ricardo Silva	-	SEN	Clube de Triatlo de Almada	117	00:13:15	53	00:38:50	60	00:20:13	01:12:19	00:09:18
65	1228	46	Mitos Figueira	-	CAD	C. N. Colégio Vasco da Gama	27	00:09:57	57	00:38:54	171	00:23:28	01:12:21	00:09:20
66	4040	1373	António Raposo	-	V3	Louletano	69	00:11:31	85	00:40:02	77	00:20:47	01:12:21	00:09:20
67	4060	994	António Moura	-	V3	A. M. C. R. Fonte Grada	97	00:12:40	46	00:38:43	84	00:20:57	01:12:21	00:09:20
68	3735	740	Ricardo Filipe Costa	-	SEN	A. H. Bombeiros Estoris / Nutriologia	86	00:12:12	67	00:39:12	86	00:21:00	01:12:24	00:09:23
69	2133	1662	Frederico Sousa	-	S23	C. T. Fundação	73	00:11:36	94	00:40:47	58	00:20:08	01:12:32	00:09:31
70	3697	729	Patrick Silva	-	SEN	McDonalds/TriBraga	102	00:12:48	31	00:38:14	107	00:21:30	01:12:33	00:09:32
71	3769	1303	João Pereira	-	SEN	DUNIK.PT-Clube dos Galitos	123	00:13:20	97	00:40:52	18	00:18:20	01:12:33	00:09:32
72	2179	1597	Diogo Moreira	-	S23	Assoc. Académica S. Mamede	50	00:10:42	117	00:41:40	62	00:20:18	01:12:40	00:09:39
73	3156	1075	Pedro Pereira	-	SEN	Assoc. Académica S. Mamede	135	00:13:29	51	00:38:48	63	00:20:23	01:12:41	00:09:40
74	3392	380	Katarina Larsson	-	SEN	Sporting CP - St.Peters School	71	00:11:33	86	00:40:08	91	00:21:05	01:12:47	00:09:46
75	4151	1898	António Calafate	-	V1	Núcleo Sportinguista da Golegã	99	00:12:45	35	00:38:28	110	00:21:34	01:12:48	00:09:47
76	3003	731	César Andrade	-	SEN	Alhandra Sporting Club	77	00:11:53	80	00:39:45	100	00:21:23	01:13:02	00:10:01
77	3841	1630	Pedro Carvalho	-	SEN	C. C. D. M. Matosinhos	81	00:12:03	133	00:42:20	23	00:18:42	01:13:06	00:10:05
78	1006	41	Sara Tenrinho	-	CAD	Alhandra Sporting Club	49	00:10:41	83	00:39:56	143	00:22:31	01:13:09	00:10:08
79	3570	152	Jordão Alves	-	SEN	DUNIK.PT-Clube dos Galitos	116	00:13:14	58	00:38:54	87	00:21:01	01:13:11	00:10:10
80	3143	1162	Daniel Reis	-	SEN	Assoc. Académica S. Mamede	83	00:12:05	70	00:39:21	121	00:21:55	01:13:22	00:10:21
81	1516	356	David Maia	-	JUN	Garmin Olimpico de Oeiras	34	00:10:08	54	00:38:51	197	00:24:24	01:13:24	00:10:23
82	4120	870	José Magalhães Dias	-	V1	A. M. C. R. Fonte Grada	127	00:13:21	29	00:38:11	118	00:21:51	01:13:24	00:10:23
83	3703	436	Rui Firmino	-	SEN	Clube de Triatlo de Almada	106	00:12:59	66	00:39:12	99	00:21:21	01:13:32	00:10:32
84	5175		Eduardo Alçada	-	V1	Individual	93	00:12:28	64	00:39:07	138	00:22:21	01:13:57	00:10:56
85	3477	135	Álvaro Silva	-	SEN	TRIATLO CLUBE TAP	87	00:12:17	88	00:40:18	103	00:21:25	01:14:01	00:11:00
86	1034	1104	Pedro Nunes	-	CAD	Sporting CP - St.Peters School	92	00:12:28	78	00:39:40	128	00:22:07	01:14:16	00:11:15
87	3740	1074	Francisco Gaspar	-	SEN	A. M. C. R. Fonte Grada	140	00:13:36	49	00:38:46	120	00:21:55	01:14:19	00:11:18
88	4108	225	Paulo Leitão Santos	-	V2	Peniche A. C.	114	00:13:10	65	00:39:10	126	00:22:03	01:14:24	00:11:23
89	3241	172	Nuno Tintim	-	SEN	Alhandra Sporting Club	169	00:14:41	84	00:39:56	49	00:19:50	01:14:28	00:11:27
90	1022	508	Andreia Ferrum	-	CAD	C. D. "Os Águias" de Alpiarça	41	00:10:17	110	00:41:22	159	00:23:03	01:14:43	00:11:42
91	4259	806	Paulo Neves	-	V2	Veteranos do Porto	124	00:13:21	63	00:39:04	150	00:22:42	01:15:08	00:12:07
92	3537	834	Dário Santos	-	SEN	TRI CAP - Penafirme	172	00:14:43	76	00:39:34	81	00:20:52	01:15:10	00:12:09
93	3575	1292	Josué Oliveira	-	SEN	DUNIK.PT-Clube dos Galitos	139	00:13:32	106	00:41:14	67	00:20:27	01:15:14	00:12:13
94	3195	517	Ana Filipa Santos	-	SEN	C. T. Fundação	80	00:12:01	74	00:39:32	181	00:23:43	01:15:16	00:12:15
95	1301	847	Rita Maria Lopes	-	CAD	Amiciclo	137	00:13:30	103	00:41:05	74	00:20:41	01:15:16	00:12:15
96	3334	1158	Rui Filipe Costa	-	SEN	Porto Runners	148	00:13:54	96	00:40:49	80	00:20:51	01:15:35	00:12:34
97	1311	43	Andreia Lopes	-	CAD	Núcleo Sportinguista da Golegã	63	00:11:14	87	00:40:14	189	00:24:07	01:15:36	00:12:35
98	2108	10	Ana Filipa Sampaio	-	S23	Alhandra Sporting Club	45	00:10:22	116	00:41:37	185	00:23:52	01:15:53	00:12:52

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Lu	Dors	Lic	Nome	PEN	Escal	Nome de clube	P	Nataçã	P	Ciclism	P	Corrida	Total	Diff
99	1007	161	Tiago Saraiva	-	CAD	Alhandra Sporting Club	78	00:11:58	111	00:41:23	144	00:22:34	01:15:57	00:12:56
100	3783	1308	Pedro Vieira	-	SEN	Individual	153	00:14:06	95	00:40:48	92	00:21:08	01:16:03	00:13:02
101	3796	1432	Hugo Gomes	-	SEN	Porto Runners	216	00:16:05	93	00:40:43	39	00:19:15	01:16:04	00:13:03
102	3840	1608	Tiago Pinho	-	SEN	CFV	199	00:15:33	100	00:41:00	46	00:19:48	01:16:23	00:13:22
103	4114	1148	Pedro Gaspar	-	V2	Núcleo Sportinguista da Golegã	85	00:12:10	138	00:42:39	111	00:21:36	01:16:25	00:13:25
104	3754	1015	Luis Filipe Santos	-	SEN	DUNIK.PT-Clube dos Galitos	210	00:15:53	90	00:40:34	56	00:20:00	01:16:28	00:13:27
105	3431	726	Henrique Venâncio	-	SEN	Peniche A. C.	152	00:14:05	91	00:40:35	117	00:21:46	01:16:28	00:13:27
106	3103	1980	Carlos Almeida	-	SEN	DAR - SlowDown	201	00:15:35	104	00:41:09	52	00:19:52	01:16:37	00:13:36
107	3695	654	Emanuel Matos	-	SEN	McDonalds/TriBraga	158	00:14:15	128	00:42:05	64	00:20:24	01:16:45	00:13:44
108	3004	873	Bruno Silva	-	SEN	A. M. C. R. Fonte Grada	122	00:13:19	109	00:41:20	131	00:22:10	01:16:50	00:13:49
109	1035	1771	João Carlos Costa	-	CAD	Sporting CP - St.Peters School	32	00:10:05	136	00:42:29	201	00:24:36	01:17:11	00:14:10
110	5147		Manuel Júlio	-	SEN	Individual	100	00:12:47	130	00:42:09	136	00:22:19	01:17:15	00:14:14
111	5609		Nuno Gameiro	-	SEN	Individual	107	00:13:00	127	00:42:03	133	00:22:12	01:17:16	00:14:15
112	3096	1958	Henrique Coelho	-	SEN	A. H. Bombeiros Estoris / Nutrilogia	149	00:13:57	135	00:42:23	83	00:20:56	01:17:18	00:14:17
113	4251	2074	Camilo Queiroz Oliveira	-	V1	Assoc. Académica de Coimbra	187	00:15:12	113	00:41:32	75	00:20:44	01:17:29	00:14:28
114	5140		Jorge Manuel Vieira	-	SEN	Individual	202	00:15:36	101	00:41:00	82	00:20:52	01:17:29	00:14:28
115	3100	871	Luis Cipriano	-	SEN	A. M. C. R. Fonte Grada	215	00:16:03	92	00:40:39	79	00:20:49	01:17:32	00:14:31
116	4413	106	Carlos Morgado Braz	-	V1	Individual	138	00:13:31	112	00:41:30	148	00:22:39	01:17:41	00:14:40
117	3526	323	António Gouveia	-	SEN	Louletano	173	00:14:44	118	00:41:43	93	00:21:14	01:17:42	00:14:41
118	4240	2041	Paulo Oliveira	-	V1	Triatlo "osBelenenses"	168	00:14:40	120	00:41:50	94	00:21:14	01:17:44	00:14:43
119	3831	1590	Ramiro Correia	-	SEN	CFV	118	00:13:16	149	00:43:14	96	00:21:15	01:17:47	00:14:46
120	3234	165	João Vaz Lima	-	SEN	CFV	110	00:13:05	134	00:42:20	139	00:22:21	01:17:47	00:14:46
121	5591	1164	Luis Correia Ferreira	-	V1	Assoc. Académica S. Mamede	108	00:13:04	143	00:42:54	122	00:21:56	01:17:55	00:14:54
122	4059	511	Fernando Feijão	-	V4	C. T. Fundão	214	00:16:01	99	00:40:55	88	00:21:02	01:17:59	00:14:58
123	3262	1538	Nuno Barbosa	-	SEN	Individual	113	00:13:09	125	00:41:58	155	00:22:54	01:18:01	00:15:00
124	3077	1778	António Brito Moreira	-	SEN	DUNIK.PT-Clube dos Galitos	171	00:14:42	121	00:41:52	105	00:21:27	01:18:02	00:15:02
125	3489	1151	Cecília Shinn	-	SEN	Sporting CP - St.Peters School	142	00:13:41	105	00:41:09	168	00:23:16	01:18:07	00:15:06
126	4268	979	Vasco Soares	-	V1	Clube de Praças da Armada	147	00:13:53	140	00:42:44	106	00:21:29	01:18:07	00:15:06
127	5158		Paulo Ribeiro	-	V3	Individual	141	00:13:39	107	00:41:17	169	00:23:17	01:18:15	00:15:14
128	4014	742	João Santos	-	V3	A. H. Bombeiros Estoris / Nutrilogia	129	00:13:23	114	00:41:33	172	00:23:31	01:18:28	00:15:28
129	3108	423	António Costa	-	SEN	Louletano	185	00:15:11	126	00:42:02	97	00:21:16	01:18:30	00:15:29
130	3080	1895	Paulo Duarte	-	SEN	Oeiras Sport Clube	109	00:13:04	162	00:43:41	119	00:21:53	01:18:39	00:15:38
131	4382	478	Paulo Fonseca	-	V1	Clube de Triatlo de Almada	212	00:15:56	102	00:41:02	116	00:21:45	01:18:43	00:15:43
132	4129	132	João Hipólito	-	V2	Alhandra Sporting Club	189	00:15:15	115	00:41:34	125	00:22:02	01:18:52	00:15:51
133	1310	1298	Bruno Oliveira	-	CAD	DUNIK.PT-Clube dos Galitos	115	00:13:14	155	00:43:30	132	00:22:11	01:18:56	00:15:56
134	1547	1480	Raul Bicho	-	JUN	Ginásio Clube Figueirense	133	00:13:27	164	00:43:53	114	00:21:41	01:19:01	00:16:00
135	4458	1602	André Leão	-	V1	Assoc. Académica de Coimbra	51	00:10:42	171	00:44:09	191	00:24:11	01:19:03	00:16:02
136	2005	175	Fábio Coutinho	-	S23	Alhandra Sporting Club	44	00:10:21	108	00:41:20	256	00:27:28	01:19:10	00:16:09
137	3000	665	Vitor Santos	-	SEN	A. M. C. R. Fonte Grada	231	00:16:42	139	00:42:44	53	00:19:54	01:19:21	00:16:20
138	4093	288	Ricardo Vieira	-	V1	Assoc. Académica de Coimbra	146	00:13:49	152	00:43:17	137	00:22:20	01:19:27	00:16:26
139	5145		Luis Manuel Rosário	-	V1	Individual	104	00:12:52	160	00:43:37	163	00:23:09	01:19:39	00:16:38
140	1043	1215	Sofia Hipólito	-	CAD	Sporting CP - St.Peters School	120	00:13:18	119	00:41:46	202	00:24:42	01:19:46	00:16:46
141	1510	1670	André Fernandes	-	JUN	Porto Runners	47	00:10:28	142	00:42:52	242	00:26:34	01:19:54	00:16:54
142	5143		José Serra	-	SEN	Individual	151	00:14:03	141	00:42:47	162	00:23:08	01:19:59	00:16:58
143	3588	428	Igor Santos	-	SEN	Núcleo Sportinguista da Golegã	119	00:13:17	151	00:43:17	180	00:23:42	01:20:17	00:17:16
144	4463	1636	Paulo Henriques	-	V1	Ginásio Clube de Sines	121	00:13:18	123	00:41:54	213	00:25:11	01:20:24	00:17:24
145	5164		Rui Moura	-	SEN	Individual	128	00:13:22	177	00:44:33	149	00:22:41	01:20:37	00:17:36
146	4039	1371	José Varela	-	V3	Louletano	205	00:15:40	157	00:43:34	101	00:21:24	01:20:40	00:17:39
147	3218	1721	Pedro Miguel Machado	-	SEN	C. N. Colégio Vasco da Gama	95	00:12:37	79	00:39:44	262	00:28:29	01:20:51	00:17:50

Data:	16-04-2011	Hora:	11h30	Local:	Coimbra			
Natação	750 mt	Ciclismo:	20.000 mt	Corrida:	5.000 mt			

Ranking:	Taça de Portugal	Hora de Partida:	00h00
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Lu	Dors	Lic	Nome	PEN	Escal	Nome de clube	P	Nataçã	P	Ciclism	P	Corrida	Total	Diff
148	3811	1494	Luis Filipe Valente	-	SEN	Clube Oriental de Lisboa	134	00:13:29	194	00:45:14	130	00:22:09	01:20:52	00:17:51
149	1009	1385	Francisco Cunha	-	CAD	Clube Triatlo de Perosinho	74	00:11:47	166	00:43:53	216	00:25:20	01:21:01	00:18:00
150	4008	1700	Mário Luis Santos	-	V1	A. H. Bombeiros Estoris / Nutrilogia	126	00:13:21	148	00:43:10	200	00:24:31	01:21:04	00:18:03
151	4044	1713	Bruno Pinho	-	V1	TRIATLO CLUBE TAP	154	00:14:06	180	00:44:40	145	00:22:36	01:21:22	00:18:22
152	1300	661	Vanessa Valente	-	CAD	Alhandra Sporting Club	35	00:10:09	186	00:44:51	240	00:26:26	01:21:27	00:18:26
153	3613	554	Nuno Rijo	-	SEN	G. D. R. de Manique de Cima	198	00:15:33	175	00:44:25	109	00:21:32	01:21:32	00:18:31
154	4341	174	Jose Albano	-	V2	Clube Millennium BCP	209	00:15:53	161	00:43:39	124	00:22:00	01:21:33	00:18:32
155	3525	326	Elisabete Sousa	-	SEN	Louletano	203	00:15:37	153	00:43:18	147	00:22:38	01:21:34	00:18:33
156	4201	1175	Carla Mendes	-	V1	Assoc. Académica S. Mamede	190	00:15:15	192	00:45:07	95	00:21:15	01:21:38	00:18:37
157	4449	581	Nuno Santos	-	V1	TRIATLO CLUBE TAP	181	00:14:53	169	00:44:04	153	00:22:48	01:21:45	00:18:44
158	3790	420	João Miguel Tavares	-	SEN	COMPEED - Tri-Oeste	156	00:14:10	188	00:44:53	151	00:22:43	01:21:47	00:18:46
159	3587	1034	Isa Parreira	-	SEN	Louletano	175	00:14:45	167	00:43:59	160	00:23:05	01:21:50	00:18:49
160	3065	1828	Joel Gouveia	-	SEN	DAR - SlowDown	219	00:16:12	168	00:44:00	112	00:21:38	01:21:51	00:18:50
161	3780	1214	Carlos Miranda	-	SEN	CFV	221	00:16:13	150	00:43:16	140	00:22:24	01:21:54	00:18:53
162	3376	339	Nuno Mendes	-	SEN	C. C. D. M. Matosinhos	90	00:12:22	201	00:45:46	182	00:23:47	01:21:57	00:18:56
163	4360	558	Helder Lopes	-	V1	G. D. R. de Manique de Cima	257	00:18:00	137	00:42:32	104	00:21:27	01:22:00	00:18:59
164	3628	1173	Rui Pena	-	SEN	Assoc. Académica S. Mamede	180	00:14:52	159	00:43:36	174	00:23:33	01:22:03	00:19:02
165	3315	136	Mário Figueiredo	-	SEN	Alhandra Sporting Club	253	00:17:46	144	00:42:57	98	00:21:20	01:22:04	00:19:03
166	4239	802	Vasco Santos	-	V3	Assoc. Académica S. Mamede	186	00:15:11	170	00:44:08	154	00:22:53	01:22:13	00:19:12
167	1025	452	Cristina Melício	-	CAD	Clube de Triatlo de Almada	82	00:12:04	195	00:45:18	205	00:24:52	01:22:15	00:19:14
168	3393	449	Rita Correia	-	SEN	Clube de Triatlo de Almada	101	00:12:47	183	00:44:44	203	00:24:45	01:22:18	00:19:17
169	3240	59	Carla Ribeiro	-	SEN	Louletano	179	00:14:52	165	00:43:53	173	00:23:33	01:22:19	00:19:18
170	3520	429	Hugo Tomé Ferreira	-	SEN	Núcleo Sportinguista da Golegã	237	00:17:10	132	00:42:14	158	00:22:55	01:22:20	00:19:20
171	5178		Hugo Fonseca	-	SEN	Individual	145	00:13:49	181	00:44:41	184	00:23:51	01:22:22	00:19:22
172	3165	2079	Bruno Pontes	-	SEN	McDonalds/TriBraga	170	00:14:41	178	00:44:33	166	00:23:12	01:22:27	00:19:26
173	4241	1464	André Cunha	-	V1	Açoreana Clube Banif	208	00:15:47	147	00:43:08	178	00:23:41	01:22:38	00:19:37
174	3785	1341	Mark Macedo	-	SEN	Porto Runners	240	00:17:18	197	00:45:30	51	00:19:51	01:22:39	00:19:38
175	3044	1767	João Pinheiro	-	SEN	Porto Runners	193	00:15:25	185	00:44:46	141	00:22:28	01:22:40	00:19:39
176	4258	2087	Nelson Ramos	-	V1	Louletano	178	00:14:51	129	00:42:06	232	00:25:52	01:22:51	00:19:50
177	3699	657	José Luis Menezes	-	SEN	McDonalds/TriBraga	218	00:16:09	146	00:43:07	177	00:23:39	01:22:56	00:19:55
178	5169		Sebastião Macias	-	S23	Individual	56	00:10:57	246	00:50:55	89	00:21:03	01:22:56	00:19:55
179	4231	2039	Vitor Catarro	-	V1	Individual	182	00:14:59	189	00:44:53	161	00:23:06	01:22:59	00:19:58
180	5168		Rui Trovão	-	SEN	Individual	165	00:14:32	124	00:41:56	243	00:26:41	01:23:10	00:20:09
181	4185	1169	Nuno Barros	-	V1	Assoc. Académica S. Mamede	91	00:12:25	145	00:42:58	259	00:27:48	01:23:11	00:20:10
182	3168	2092	Cristiano Pisco	-	SEN	Clube de Praças da Armada	159	00:14:16	208	00:46:43	135	00:22:17	01:23:17	00:20:16
183	3805	1455	Nuno Ribeiro	-	SEN	Porto Runners	105	00:12:54	207	00:46:36	183	00:23:48	01:23:19	00:20:18
184	4189	492	Carlos Serra	-	V1	Alhandra Sporting Club	196	00:15:29	158	00:43:35	194	00:24:21	01:23:26	00:20:25
185	3544	1671	Miguel Oliveira	-	SEN	DAR - SlowDown	233	00:16:46	122	00:41:54	208	00:25:03	01:23:44	00:20:43
186	2165	1176	Pedro Magalhães	-	S23	Assoc. Académica S. Mamede	177	00:14:48	163	00:43:53	210	00:25:05	01:23:47	00:20:46
187	3766	1296	João Catalão	-	SEN	DUNIK.PT-Clube dos Galitos	195	00:15:28	184	00:44:45	175	00:23:35	01:23:49	00:20:48
188	3651	154	Dulce Almeida	-	SEN	DUNIK.PT-Clube dos Galitos	167	00:14:39	173	00:44:21	204	00:24:50	01:23:51	00:20:50
189	3642	1674	Jorge Carneiro	-	SEN	Porto Runners	217	00:16:07	200	00:45:41	127	00:22:06	01:23:55	00:20:54
190	3623	1614	Filipe Varandas	-	SEN	Clube Triatlo de Perosinho	98	00:12:44	204	00:46:05	214	00:25:13	01:24:03	00:21:02
191	3045	104	Pedro Miguel Gomes	-	SEN	Alhandra Sporting Club	37	00:10:10	190	00:44:54	267	00:29:00	01:24:04	00:21:03
192	5121		Carlos Miguel Vieira	-	SEN	Individual	256	00:17:53	174	00:44:25	123	00:21:59	01:24:18	00:21:17
193	3160	2077	Luis Cordeiro	-	SEN	Individual	236	00:17:06	179	00:44:38	146	00:22:38	01:24:23	00:21:22
194	1525	1747	Daniel Mateus	-	JUN	Ext. Coop. da Benedita	163	00:14:26	211	00:46:47	165	00:23:11	01:24:26	00:21:25
195	3717	578	Tiago Avelãs	-	SEN	Serv. Soc. CGD	220	00:16:13	176	00:44:31	179	00:23:41	01:24:26	00:21:25
196	5592		José Fernando Silva	-	V2	Individual	243	00:17:25	187	00:44:53	129	00:22:09	01:24:27	00:21:26

Data:	16-04-2011	Hora:	11h30	Local:	Coimbra		
Natação	750 mt	Ciclismo:	20.000 mt	Corrida:	5.000 mt		

Ranking:	Taça de Portugal	Hora de Partida:	00h00
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Lu	Dors	Lic	Nome	PEN	Escal	Nome de clube	P	Nataçã	P	Ciclism	P	Corrida	Total	Diff
197	1017	544	Joana Coelho	-	CAD	G. D. R. de Manique de Cima	59	00:11:10	212	00:46:49	247	00:26:56	01:24:56	00:21:55
198	3338	1441	José Guerreiro	-	SEN	Clube de Praças da Armada	227	00:16:33	199	00:45:40	152	00:22:45	01:24:59	00:21:58
199	3132	2035	Tiago Santos	-	SEN	DAR - SlowDown	155	00:14:08	131	00:42:11	265	00:28:42	01:25:01	00:22:00
200	4434	437	Luis Pereira	-	V1	Clube de Triatlo de Almada	269	00:19:31	196	00:45:29	71	00:20:34	01:25:35	00:22:34
201	4005	1696	José Maçarria	-	V3	Individual	206	00:15:43	216	00:47:14	157	00:22:55	01:25:52	00:22:51
202	5171		Vasco Borges	-	V1	Individual	164	00:14:28	182	00:44:42	246	00:26:54	01:26:05	00:23:04
203	1326	1605	Sofia Dias	-	CAD	Assoc. Académica de Coimbra	61	00:11:12	228	00:48:48	234	00:26:05	01:26:06	00:23:05
204	4279	435	João Morgado	-	V1	Clube de Triatlo de Almada	228	00:16:35	154	00:43:27	237	00:26:08	01:26:11	00:23:10
205	4393	877	Julio Nunes	-	V1	Associação Naval Amorense	222	00:16:17	203	00:45:59	186	00:23:55	01:26:12	00:23:11
206	5101		Amaro Teixeira	-	S23	Individual	239	00:17:14	234	00:49:15	48	00:19:50	01:26:19	00:23:18
207	4036	1722	Miguel Gomes	-	V1	C. N. Colégio Vasco da Gama	200	00:15:35	205	00:46:24	195	00:24:22	01:26:22	00:23:21
208	2003	1693	Ricardo Gaspar	-	S23	Individual	246	00:17:30	219	00:47:28	108	00:21:32	01:26:31	00:23:30
209	5595		Lúcio Moreira	-	SEN	Individual	161	00:14:22	209	00:46:43	221	00:25:28	01:26:34	00:23:33
210	5161		Pedro Alexandre Fernando	-	V1	Individual	68	00:11:30	236	00:49:31	228	00:25:46	01:26:48	00:23:47
211	1283	477	Andreia Ferreira	-	CAD	Clube de Triatlo de Almada	70	00:11:32	241	00:49:49	220	00:25:27	01:26:49	00:23:48
212	4422	1322	José Morais	-	V1	G. D. R. de Manique de Cima	266	00:18:39	172	00:44:11	190	00:24:10	01:27:01	00:24:01
213	4385	418	Jorge Castro	-	V2	Núcleo Sportinguista da Golegã	157	00:14:12	218	00:47:18	230	00:25:52	01:27:24	00:24:23
214	3263	1174	Maria Joana Creissac	-	SEN	Assoc. Académica S. Mamede	191	00:15:19	191	00:45:01	249	00:27:05	01:27:25	00:24:24
215	4394	878	Pedro Miguel Jorge	-	V1	Associação Naval Amorense	174	00:14:45	213	00:46:56	229	00:25:51	01:27:32	00:24:31
216	3209	1286	Pedro Miguel Lopes	-	SEN	Porto Runners	226	00:16:31	206	00:46:33	207	00:24:58	01:28:03	00:25:02
217	1281	439	Caterina Sousa	-	CAD	Clube de Triatlo de Almada	96	00:12:38	223	00:48:00	257	00:27:33	01:28:12	00:25:11
218	3076	265	Rui Pereira	-	SEN	Cl. Ferroviário de Vendas Novas	192	00:15:24	221	00:47:51	218	00:25:22	01:28:38	00:25:37
219	5610	207	Miguel Ayala Botto	-	V2	Individual	143	00:13:41	231	00:49:04	233	00:25:55	01:28:42	00:25:41
220	3707	603	Ana Patricia Ferreira	-	SEN	Núcleo Sportinguista da Golegã	166	00:14:34	252	00:52:00	134	00:22:14	01:28:49	00:25:48
221	5124		Carlos Vieira	-	V2	Individual	204	00:15:40	215	00:47:12	236	00:26:07	01:29:00	00:25:59
222	3605	1318	Rodrigo Cordeiro	-	SEN	Individual	184	00:15:10	235	00:49:28	196	00:24:22	01:29:01	00:26:00
223	4165	1466	Carlos Candeias	-	V1	Açoreana Clube Banif	232	00:16:44	233	00:49:14	167	00:23:13	01:29:12	00:26:11
224	3752	1039	Vera Silva	-	SEN	Louletano	183	00:15:05	224	00:48:08	239	00:26:13	01:29:27	00:26:26
225	3126	2037	Bruno Dinis	-	SEN	Individual	150	00:14:00	239	00:49:41	227	00:25:46	01:29:28	00:26:27
226	4049	1495	Paulo Vieira	-	V2	Assoc. Académica de Coimbra	252	00:17:45	222	00:47:53	188	00:24:03	01:29:42	00:26:41
227	3645	107	Miguel Torres	-	SEN	CFV	238	00:17:12	220	00:47:39	211	00:25:07	01:29:59	00:26:59
228	3056	1781	Jenny Martins	-	SEN	DUNIK.PT-Clube dos Galitos	162	00:14:24	237	00:49:38	235	00:26:06	01:30:09	00:27:08
229	5111		André Ferreira	-	S23	Individual	125	00:13:21	258	00:53:42	170	00:23:23	01:30:27	00:27:26
230	3778	1288	Renato Cardoso	-	SEN	Porto Runners	251	00:17:44	229	00:48:50	192	00:24:11	01:30:47	00:27:46
231	3715	618	Pedro Reis	-	SEN	Individual	250	00:17:42	227	00:48:45	198	00:24:25	01:30:54	00:27:53
232	4403	981	Paulo Jorge Santos	-	V2	A. M. C. R. Fonte Grada	255	00:17:52	225	00:48:30	209	00:25:04	01:31:27	00:28:26
233	3711	666	Sara Reis	-	SEN	A. M. C. R. Fonte Grada	188	00:15:14	248	00:51:03	219	00:25:24	01:31:42	00:28:41
234	4086	1769	Jose Almeida	-	V1	Alhandra Sporting Club	275	00:21:23	193	00:45:10	212	00:25:08	01:31:42	00:28:41
235	3804	1413	Paula Vizinho	-	SEN	DUNIK.PT-Clube dos Galitos	245	00:17:27	210	00:46:43	258	00:27:45	01:31:56	00:28:55
236	4277	672	João Saúde	-	V1	Cl. Ferroviário de Vendas Novas	280	00:29:09	156	00:43:34	37	00:19:14	01:31:58	00:28:57
237	4162	797	Henrique Gonçalves	-	V4	Veteranos do Porto	258	00:18:10	226	00:48:38	225	00:25:33	01:32:22	00:29:21
238	4345	627	Paulo Batista	-	V2	TRIATLO CLUBE TAP	247	00:17:35	238	00:49:38	215	00:25:17	01:32:32	00:29:31
239	4238	801	António Manuel Vieira	-	V3	Veteranos do Porto	230	00:16:38	214	00:47:07	266	00:28:54	01:32:40	00:29:40
240	5139		Jorge Lemos	-	S23	Individual	235	00:17:03	202	00:45:53	272	00:30:02	01:33:00	00:29:59
241	4370	330	Manuel Gomes	-	V2	Individual	224	00:16:26	242	00:50:03	245	00:26:50	01:33:19	00:30:18
242	1548	1889	Sara Gonçalves	-	JUN	Alhandra Sporting Club	207	00:15:44	249	00:51:08	241	00:26:28	01:33:20	00:30:19
243	4295	1352	Luis Barbosa	-	V1	C. N. Colégio Vasco da Gama	270	00:20:11	244	00:50:15	156	00:22:54	01:33:22	00:30:21
244	4096	664	Luis Tavares	-	V1	Associação Naval Amorense	262	00:18:20	198	00:45:38	269	00:29:26	01:33:25	00:30:24
245	5160		Paulo Rua	-	SEN	Individual	213	00:15:59	253	00:52:06	224	00:25:32	01:33:37	00:30:36

Data:	16-04-2011	Hora:	11h30	Local:	Coimbra		
Natação	750 mt	Ciclismo:	20.000 mt	Corrida:	5.000 mt		

Ranking:	Taça de Portugal	Hora de Partida:	00h00
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Lu	Dors	Lic	Nome	PEN	Escal	Nome de clube	P	Nataçã	P	Ciclism	P	Corrida	Total	Diff
246	4411	1020	Victor Campos	-	V5	DAR - SlowDown	276	00:21:58	217	00:47:17	199	00:24:27	01:33:43	00:30:42
247	3650	142	Filipa Elvas	-	SEN	TRITATLO CLUBE TAP	263	00:18:21	254	00:52:14	164	00:23:09	01:33:45	00:30:44
248	5142		José Correia	-	V3	Individual	225	00:16:27	232	00:49:14	261	00:28:20	01:34:02	00:31:01
249	3136	2042	Mark Velhote	-	SEN	Porto Runners	273	00:21:08	250	00:51:40	115	00:21:45	01:34:33	00:31:32
250	4467	1646	Nuno Manuel Romão	-	V1	Individual	130	00:13:24	265	00:54:59	238	00:26:10	01:34:33	00:31:32
251	3058	1797	Maria Sousa	-	SEN	Alhandra Sporting Club	264	00:18:23	243	00:50:15	244	00:26:43	01:35:22	00:32:21
252	4432	1430	João Matos	-	V1	C. T. Fundão	197	00:15:31	230	00:48:58	275	00:31:16	01:35:46	00:32:45
253	3072	1871	Sérgio Cipriano	-	SEN	A. M. C. R. Fonte Grada	274	00:21:16	240	00:49:44	206	00:24:55	01:35:55	00:32:55
254	5136		Joaquim Paiva	-	V1	Individual	194	00:15:28	266	00:55:03	223	00:25:29	01:36:01	00:33:00
255	5128		Fernando Barbedo	-	V1	Individual	160	00:14:19	261	00:54:37	255	00:27:25	01:36:22	00:33:21
256	1323	1561	Raquel Dourado	-	CAD	Louletano	75	00:11:50	270	00:56:01	263	00:28:31	01:36:23	00:33:22
257	5594		Ana Rita Ferreira	-	JUN	Individual	48	00:10:36	274	00:59:11	250	00:27:07	01:36:55	00:33:54
258	4387	599	Fábia Silva	-	V1	C. N. Colégio Vasco da Gama	260	00:18:16	263	00:54:45	193	00:24:15	01:37:17	00:34:16
259	5151		Nuno Fonseca	-	SEN	Individual	272	00:20:49	251	00:51:46	217	00:25:20	01:37:55	00:34:55
260	5148		Marco Machado Fernandes	-	SEN	Individual	261	00:18:18	255	00:52:23	251	00:27:15	01:37:56	00:34:56
261	3085	1890	Teresa Cardoso	-	SEN	DUNIK.PT-Clube dos Galitos	259	00:18:12	256	00:52:30	254	00:27:24	01:38:07	00:35:06
262	5150		Nuno Cochicho	-	SEN	Individual	229	00:16:36	264	00:54:54	248	00:26:56	01:38:28	00:35:27
263	5122		Carlos Pedroso	-	SEN	Individual	254	00:17:49	245	00:50:52	274	00:30:29	01:39:11	00:36:10
264	3474	1171	Silvia Pedroso	-	SEN	Assoc. Académica S. Mamede	242	00:17:24	262	00:54:40	252	00:27:17	01:39:22	00:36:21
265	5105		Ana Leite	-	SEN	Individual	40	00:10:15	275	00:59:36	270	00:29:44	01:39:36	00:36:35
266	3169	327	Gonçalo Campos Lopes	-	SEN	Triatlo "osBelenenses"	241	00:17:20	247	00:50:56	276	00:31:30	01:39:48	00:36:47
267	3172	2093	Nuno Reis	-	SEN	Triatlo "osBelenenses"	265	00:18:30	267	00:55:04	253	00:27:21	01:40:57	00:37:56
268	4346	133	Jorge Carreiras	-	V2	Clube Oriental de Lisboa	268	00:19:22	257	00:53:02	264	00:28:33	01:40:58	00:37:57
269	3741	841	Andreia Candeias	-	SEN	Amiciclo	249	00:17:39	259	00:54:13	268	00:29:25	01:41:18	00:38:17
270	1065	2005	Ana Sofia Carvalheira	-	CAD	Assoc. Académica S. Mamede	176	00:14:47	271	00:57:07	271	00:29:56	01:41:51	00:38:50
271	5117		Carlos Luis	-	V1	Individual	267	00:19:18	272	00:57:37	222	00:25:28	01:42:24	00:39:23
272	5170		Telmo Santos	-	SEN	Individual	223	00:16:20	276	01:00:19	231	00:25:52	01:42:33	00:39:32
273	4102	1607	Luis Lima	-	V3	CFV	278	00:24:17	268	00:55:11	187	00:23:56	01:43:25	00:40:24
274	5144		Luis Manuel Conceição	-	V3	Individual	277	00:23:07	269	00:55:23	226	00:25:43	01:44:15	00:41:14
275	4328	813	Anette Kind	-	V3	Veteranos do Porto	248	00:17:37	260	00:54:33	277	00:32:11	01:44:22	00:41:21
276	3069	1845	Ana Rita Duarte	-	SEN	McDonalds/TriBraga	211	00:15:55	277	01:01:10	273	00:30:21	01:47:26	00:44:25
277	4348	925	Nuno Russo	-	V4	CFV	244	00:17:26	278	01:02:02	260	00:27:58	01:47:27	00:44:26
278	4282	810	Rui Resende Silva	-	V2	Veteranos do Porto	234	00:17:01	273	00:58:07	280	00:40:00	01:55:09	00:52:08
279	3568	1501	Sónia Marinho	-	SEN	Clube Triatlo de Perosinho	271	00:20:43	279	01:05:40	278	00:33:56	02:00:20	00:57:19
280	3014	1705	Miguel Reis	-	SEN	Serv. Soc. CGD	279	00:25:39	280	01:09:45	279	00:37:21	02:12:46	01:09:45
	5112		António Félix	DQ	SEN	Individual	212	00:15:55	139	00:42:40	3	00:12:58	01:11:34	00:08:33
	1019	1748	Diogo Filipe Silva	DNF	CAD	Ext. Coop. da Benedita		00:18:27						-
	1029	444	Tiago André Pereira	DNF	CAD	Clube de Triatlo de Almada		00:11:33						-
	1286	417	Ana Alarico	DNF	CAD	Núcleo Sportinguista da Golegã		00:12:48						-
	1507	19	Nadine Almeida	DNF	JUN	Alhandra Sporting Club		00:11:56						-
	1529	26	Guilherme Marques	DNF	JUN	C. D. "Os Águias" de Alpiarça		00:09:58						-
	3238	1723	Marta Franco	DNF	SEN	C. N. Colégio Vasco da Gama		00:17:08		01:14:04				-
	3484	2	Maria Areosa	DNF	SEN	Garmin Olimpico de Oeiras		00:10:04						-
	3514	770	Hugo Matos	DNF	SEN	Clube de Praças da Armada		00:13:58						-
	3836	1603	António Cortesão	DNF	SEN	Assoc. Académica de Coimbra		00:10:10		00:41:36				-
	4047	1715	José Morgado	DNF	V1	Núcleo Sportinguista da Golegã		00:15:24						-
	4115	385	António Ervideira	DNF	V2	A. M. C. R. Fonte Grada		00:15:42						-
	4205	2006	João Paulo Ferreira	DNF	V2	Assoc. Académica S. Mamede		00:14:36						-
	4361	559	Hipólito Ferreira	DNF	V2	G. D. R. de Manique de Cima		00:15:26						-

Data:	16-04-2011	Hora:	11h30	Local:	Coimbra		
Natação	750 mt	Ciclismo:	20.000 mt	Corrida:	5.000 mt		

Ranking:	Taça de Portugal	Hora de Partida:	00h00
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Lu	Dors	Lic	Nome	PEN	Escal	Nome de clube	P	Nataçã	P	Ciclism	P	Corrida	Total	Diff
	4372	866	Francisco Casaca	DNF	V2	Assoc. Académica de Coimbra								-
	5135		Joaquim Faria Monteiro	DNF	SEN	Individual								-
	5138		Jorg Lohken	DNF	V1	Individual								-
	1023	593	Afonso Claudino	DNF	CAD	C. D. "Os Águias" de Alpiarça		00:10:09						-
	1018	524	Catarina Marques	DNS	CAD	Ext. Coop. da Benedita								-
	1077	229	Tiago Rola	DNS	CAD	DUNIK.PT-Clube dos Galitos								-
	1530	592	Pedro Miguel Amaral	DNS	JUN	C. D. "Os Águias" de Alpiarça								-
	2004	29	Hugo Ventura	DNS	S23	DUNIK.PT-Clube dos Galitos								-
	2012	351	Carolina Gregório	DNS	S23	Garmin Olímpico de Oeiras								-
	2143	353	Ana Teresa Machado	DNS	S23	Garmin Olímpico de Oeiras								-
	3012	1701	Bruno Miguel Carona	DNS	SEN	A. H. Bombeiros Estoris / Nutrilogia								-
	3049	1152	Sérgio Dias	DNS	SEN	COMPEED - Tri-Oeste								-
	3128	616	José Ferreira	DNS	SEN	McDonalds/TriBraga								-
	3318	1518	Leandro Pinto	DNS	SEN	McDonalds/TriBraga								-
	3377	1167	Eurico Coelho	DNS	SEN	Assoc. Académica S. Mamede								-
	3386	999	Ana Pereira	DNS	SEN	Sporting CP - St.Peters School								-
	3397	1170	Alexandra Reis	DNS	SEN	Assoc. Académica S. Mamede								-
	3416	1500	Miguel Vigôco	DNS	SEN	Clube Triatlo de Perosinho								-
	3462	236	Rafael Lourenço	DNS	SEN	Alhandra Sporting Club								-
	3586	977	Miguel Carneiro	DNS	SEN	Clube de Praças da Armada								-
	3616	1433	Abel Condesso	DNS	SEN	Assoc. Académica de Coimbra								-
	3676	978	Filipe Vidal	DNS	SEN	Clube de Praças da Armada								-
	3704	453	Nuno Rodrigues	DNS	SEN	Clube de Triatlo de Almada								-
	3733	1048	Tiago Cochicho	DNS	SEN	Vitoria de Janes								-
	3737	819	Ricardo Arraias	DNS	SEN	A. H. Bombeiros Estoris / Nutrilogia								-
	4015	1046	José Oliveira	DNS	V3	Vitoria de Janes								-
	4018	202	Mário Magalhães	DNS	V3	CFV								-
	4071	809	Nuno Sá	DNS	V1	Veteranos do Porto								-
	4116	368	Rui Rodrigues	DNS	V2	COMPEED - Tri-Oeste								-
	4131	348	Pedro Nogueira Silva	DNS	V2	Garmin Olímpico de Oeiras								-
	4136	212	Paulo Calejo Rodrigues	DNS	V2	Individual								-
	4204	243	Mário Sousa	DNS	V3	Peniche A. C.								-
	4226	2033	Joaquim Jesus Silva	DNS	V4	Individual								-
	4250	2069	Carlos Ferreira	DNS	V2	Individual								-
	4330	1163	José Fernando Silva	DNS	V2	Assoc. Académica S. Mamede								-
	4333	1284	Artur Oliveira	DNS	V4	Ext. Coop. da Benedita								-
	4335	518	Filomena Gomes	DNS	V1	C. T. Fundão								-
	4342	140	Luis Filipe Silva	DNS	V3	TRIATLO CLUBE TAP								-
	5100		Alejandro Campoy	DNS	SEN	Individual								-
	5103		Ana André	DNS	SEN	Individual								-
	5116		Bruno Pereira	DNS	S23	Individual								-
	5123		Carlos Polónio	DNS	V2	Individual								-
	5127		César Marques	DNS	SEN	Individual								-
	5129		João Faria	DNS	SEN	Individual								-
	5132		João Goldschmidt Oliveira	DNS	SEN	Individual								-
	5141		José Calheiros Dias	DNS	V2	Individual								-
	5149		Miguel João Rebelo	DNS	V1	Individual								-
	5152		Paulo Catarino	DNS	V2	Individual								-
	5154		Paulo Correia	DNS	SEN	Individual								-

Data:	16-04-2011	Hora:	11h30	Local:	Coimbra			
Natação	750 mt	Ciclismo:	20.000 mt	Corrida:	5.000 mt			

Ranking:	Taça de Portugal	Hora de Partida:	00h00
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Lu	Dors	Lic	Nome	PEN	Escal	Nome de clube	P	Nataçã	P	Ciclism	P	Corrida	Total	Diff
	5155		Paulo Costa	DNS	V2	Individual								-
	5163		Rui Mila	DNS	S23	Individual								-
	5165		Rui Oliveira	DNS	SEN	Individual								-
	5172		Vitor Varela	DNS	V1	Individual								-