

Data:	07-03-2010	Hora:	11h00	Local:	Grândola			
Corrida	5.700 mt	BTT:	19.000 mt	Corrida:	1.900 mt			

Ranking:	Taça de Portugal duatlo	Hora de Partida:	00h00
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Lu	Dors	Lic	Nome	PEN	Escal	Nome de clube	P	Corrida	P	BTT	P	Corrida	Total	Diff
1	3117	33	Lino Barruncho	-	SEN	Clube Olímpico de Oeiras	95	00:17:16	108	00:52:38	21	00:05:59	01:15:54	
2	3551	1022	Marco Aurélio Sousa	-	SEN	Ext. Coop. da Benedita	96	00:18:13	107	00:52:18	26	00:06:09	01:16:41	00:00:46
3	5464		Juan Nieva	-	SEN	Individual	91		103		22	00:06:00	01:19:42	00:03:47
4	3071	344	Luis Manuel Almeida	-	SEN	Clube Olímpico de Oeiras	8		8		19	00:05:51	01:22:05	00:06:10
5	3296	1102	Jorge Duarte	-	SEN	Clube de Praças da Armada	97	00:18:20	110	00:59:29	20	00:05:55	01:23:45	00:07:50
6	3412	831	Rui Dolores	-	SEN	Amiciclo	43		48		29	00:06:17	01:23:51	00:07:56
7	3552	526	João António Santos	-	SEN	Ext. Coop. da Benedita	106	00:19:55	109	00:58:09	61	00:06:56	01:25:02	00:09:07
8	3197	378	Délio Ferreira	-	SEN	COMPEED - Tri-Oeste	26		29		25	00:06:07	01:25:39	00:09:44
9	3049	1152	Sérgio Dias	-	SEN	COMPEED - Tri-Oeste	99	00:18:41	112	01:01:29	24	00:06:03	01:26:14	00:10:19
10	3026	832	Anibal Oliveira	-	SEN	Amiciclo	102	00:19:06	111	01:00:40	39	00:06:40	01:26:26	00:10:31
11	3214	443	Miguel Ganchinho	-	SEN	Clube de Triatlo de Almada	42		47		27	00:06:16	01:26:40	00:10:45
12	3063	1035	Nuno Neves	-	SEN	Louletano/AlgarvCycles/LouleJardimHot	100	00:18:41	113	01:01:35	37	00:06:39	01:26:57	00:11:02
13	3196	954	Nelson Silva	-	SEN	C. N. Tejo	45		50		23	00:06:01	01:27:25	00:11:30
14	4423	1333	Paulo Galego	-	V1	Clube de Praças da Armada	98	00:18:21	116	01:03:22	28	00:06:16	01:28:00	00:12:06
15	5466		Luis Cancela	-	SEN	Individual	92		104		50	00:06:49	01:28:34	00:12:39
16	4148	379	Pedro Cordeiro	-	V1	COMPEED - Tri-Oeste	31		36		40	00:06:40	01:29:19	00:13:24
17	3485	1111	Nuno Patrício	-	SEN	C. N. Alvito	118	00:20:44	115	01:03:02	51	00:06:50	01:30:37	00:14:42
18	3591	468	Paulo Janela	-	SEN	Clube de Triatlo de Almada	27		32		30	00:06:23	01:32:02	00:16:07
19	3704	453	Nuno Rodrigues	-	SEN	Clube de Triatlo de Almada	103	00:19:28	121	01:06:02	34	00:06:33	01:32:05	00:16:10
20	4359	727	Joel Marcelino	-	V1	Peniche A. C.	51		56		60	00:06:56	01:32:05	00:16:10
21	5176		Bruno Silvério de Oliveira	-	SEN	Individual	126	00:20:58	119	01:04:23	78	00:07:12	01:32:34	00:16:39
22	3369	1036	Ricardo Paixão	-	SEN	Louletano/AlgarvCycles/LouleJardimHot	38		43		65	00:07:01	01:32:40	00:16:45
23	4299	525	Luis Serrazina	-	V2	Ext. Coop. da Benedita	108	00:20:09	120	01:05:36	89	00:07:17	01:33:03	00:17:08
24	3742	846	Miguel Garcia	-	SEN	Amiciclo	142	00:21:38	117	01:04:04	98	00:07:23	01:33:06	00:17:11
25	3754	1015	Luis Filipe Santos	-	SEN	DAR - Recardães	13		15		97	00:07:23	01:33:39	00:17:44
26	5243		Marco Jardim	-	SEN	Individual	171	00:22:49	114	01:02:48	148	00:08:09	01:33:47	00:17:52
27	3531	427	Pedro Miguel Matos	-	SEN	C. N. Tejo	36		41		72	00:07:06	01:34:20	00:18:25
28	5233		Luis Beltrão	-	LAZ	Individual	152	00:22:05	118	01:04:12	154	00:08:19	01:34:37	00:18:42
29	3435	181	Marco Fidalgo	-	SEN	G. A. A. Vila Franca de Xira	114	00:20:38	124	01:07:28	46	00:06:46	01:34:53	00:18:58
30	3674	386	Pedro Carreira	-	SEN	Resistentes	44		49		96	00:07:22	01:35:02	00:19:07
31	3142	497	Pedro Figueira	-	SEN	Assoc. 20 Km de Almeirim	139	00:21:32	123	01:06:51	59	00:06:54	01:35:17	00:19:22
32	3799	1431	Marcus Bonito	-	SEN	Individual	116	00:20:40	126	01:08:11	49	00:06:47	01:35:39	00:19:44
33	5241		Manuel Silva	-	SEN	Individual	74		82		32	00:06:33	01:35:52	00:19:57
34	4277	672	João Saúde	-	V1	Cl. Ferroviário de Vendas Novas	50		55		71	00:07:05	01:36:04	00:20:09
35	4433	1428	Leandro Silva	-	V1	C. N. Alvito	162	00:22:27	122	01:06:08	131	00:07:48	01:36:24	00:20:29
36	3433	1038	Rui Medina	-	SEN	Louletano/AlgarvCycles/LouleJardimHot	119	00:20:49	128	01:09:04	42	00:06:43	01:36:36	00:20:41
37	2095	976	Ricardo Reis	-	S23	Clube de Praças da Armada	9		9		119	00:07:38	01:36:39	00:20:44
38	3402	1042	Luis Reis	-	SEN	Louletano/AlgarvCycles/LouleJardimHot	120	00:20:50	127	01:09:03	52	00:06:51	01:36:44	00:20:49
39	1295	522	Miguel Ângelo Silva	-	JUN	Ext. Coop. da Benedita	4		4		53	00:06:51	01:36:48	00:20:53
40	1302	531	Ricardo Correia	-	JUN	Ext. Coop. da Benedita	140	00:21:35	13		3		01:36:49	00:20:54
41	3524	632	Paulo Sequeira	-	SEN	Peniche A. C.	20		22		4		01:36:53	00:20:58
42	5244		Michel Custódio	-	SEN	Individual	75		83		129	00:07:47	01:36:56	00:21:01
43	3673	384	Henrique Avelar	-	SEN	Resistentes	125	00:20:57	30		6		01:37:06	00:21:11
44	3763	1212	José João Silvestre	-	SEN	C. N. Tejo	35		40		88	00:07:16	01:37:10	00:21:15
45	5339		Rogério Casaca	-	V1	Individual	109	00:20:10	134	01:09:58	68	00:07:05	01:37:13	00:21:18
46	3241	172	Nuno Tintim	-	SEN	Alhandra Sporting Club	25		28		33	00:06:33	01:37:14	00:21:19
47	3743	950	Miguel Vicente	-	S23	C. N. Cartaxo	124	00:20:54	133	01:09:49	41	00:06:41	01:37:24	00:21:29
48	3537	834	Dário Santos	-	SEN	Amiciclo	167	00:22:37	125	01:07:43	83	00:07:14	01:37:35	00:21:40
49	4072	827	Renato Fidalgo	-	V2	A. D. C. R. Painho	30		35		8		01:37:36	00:21:41

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Corrida	5.700 mt	BTT:	19.000 mt	Corrida:	1.900 mt			

Ranking:	Taça de Portugal duatlo	Hora de Partida:	00h00
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Lu	Dors	Lic	Nome	PEN	Escal	Nome de clube	P	Corrida	P	BTT	P	Corrida	Total	Diff
50	3697	729	Patrick Silva	-	SEN	McDonalds/TriBraga	121	00:20:52	132	01:09:42	67	00:07:05	01:37:40	00:21:45
51	5296		Nuno Henriques	-	SEN	Individual	77		85		77	00:07:12	01:37:48	00:21:53
52	3300	241	Nelson Santos	-	SEN	Peniche A. C.	23		26		31	00:06:25	01:37:51	00:21:56
53	5180		Carlos Jesus	-	SEN	Individual	84		94		45	00:06:46	01:37:57	00:22:02
54	3086	394	Luis Guerreiro	-	SEN	Ginásio Clube de Sines	128	00:21:09	129	01:09:14	117	00:07:34	01:37:58	00:22:03
55	3562	749	João Carlos Canas	-	SEN	A. R. S. C. Toledo	18		20		69	00:07:05	01:38:11	00:22:16
56	3050	387	Bruno Fernandes	-	SEN	Resistentes	113	00:20:30	136	01:10:47	110	00:07:31	01:38:49	00:22:54
57	5206		Ivo Costa	-	SEN	Individual	115	00:20:39	137	01:11:06	66	00:07:04	01:38:50	00:22:55
58	3113	503	Duarte Barreto	-	SEN	C. N. Cartaxo	166	00:22:34	131	01:09:23	82	00:07:14	01:39:12	00:23:17
59	5328		Pedro Petrônio	-	SEN	Individual	70		78		70	00:07:05	01:39:29	00:23:34
60	3731	773	José Manuel Silva	-	V1	ETri G. D. Santo António Évora	110	00:20:10	140	01:12:37	54	00:06:51	01:39:39	00:23:44
61	4059	511	Fernando Feijão	-	V4	C. T. Fundão	123	00:20:53	138	01:11:39	106	00:07:28	01:40:01	00:24:06
62	5225		Jorge Pimentel	-	SEN	Individual	148	00:21:57	135	01:10:42	100	00:07:24	01:40:05	00:24:10
63	1314	680	João Miguel Cristo	-	JUN	Clube de Triatlo de Almada	12		14		140	00:08:00	01:40:09	00:24:14
64	5239		Luis Paulo	-	V3	Individual	174	00:23:00	130	01:09:15	162	00:08:26	01:40:43	00:24:48
65	4090	354	Rui Campos	-	V2	Clube Olimpico de Oeiras	122	00:20:52	142	01:12:47	86	00:07:15	01:40:55	00:25:00
66	3207	870	José Magalhães Dias	-	SEN	A. M. C. R. Fonte Grada	141	00:21:36	139	01:12:27	73	00:07:08	01:41:13	00:25:18
67	5170		António Paulo	-	V3	Individual	85		96		16		01:41:18	00:25:23
68	4129	132	João Hipólito	-	V2	Alhandra Sporting Club	32		37		125	00:07:46	01:41:43	00:25:48
69	3703	436	Rui Firmino	-	SEN	Clube de Triatlo de Almada	132	00:21:25	144	01:12:57	118	00:07:35	01:41:59	00:26:04
70	3315	136	Mário Figueiredo	-	SEN	Alhandra Sporting Club	39		44		74	00:07:10	01:42:15	00:26:21
71	5154		André Henriques	-	SEN	Individual	86		97		134	00:07:54	01:42:19	00:26:25
72	5192		Diogo Henriques	-	SEN	Individual	83		93		92	00:07:19	01:42:28	00:26:33
73	4115	385	António Ervideira	-	V1	Resistentes	19		21		56	00:06:53	01:42:33	00:26:38
74	1209	393	Diogo Goulão Henriques	-	JUN	Ginásio Clube de Sines	131	00:21:24	149	01:14:34	38	00:06:39	01:42:38	00:26:43
75	3705	469	Ricardo Silva	-	SEN	Clube de Triatlo de Almada	111	00:20:23	155	01:15:32	47	00:06:47	01:42:42	00:26:47
76	3784	1329	Paulo Gonçalves	-	SEN	Clube de Praças da Armada	135	00:21:26	146	01:13:39	122	00:07:44	01:42:51	00:26:56
77	3791	1365	João Inocentes	-	SEN	Louletano/AlgarvCycles/LouleJardimHot	157	00:22:18	141	01:12:39	135	00:07:54	01:42:53	00:26:58
78	4048	674	Jerónimo Manuel Cruz	-	V3	Cl. Ferroviário de Vendas Novas	37		42		81	00:07:13	01:42:56	00:27:01
79	5387		Venâncio Leitão	-	SEN	Individual	164	00:22:33	145	01:13:09	84	00:07:14	01:42:57	00:27:02
80	3753	1014	Rui Santos	-	SEN	DAR - Recardães	15		17		80	00:07:13	01:42:58	00:27:03
81	3801	1376	Pedro Ventura	-	SEN	GRECI - EL CORTE INGLÉS	29		34		169	00:08:32	01:43:04	00:27:09
82	1307	1285	Samuel Silva	-	JUN	Ext. Coop. da Benedita	3		3		116	00:07:34	01:43:27	00:27:32
83	5162		Antonio Cruz	-	V2	Individual	179	00:23:32	99		17		01:43:29	00:27:34
84	3388	1012	Carlos Antunes	-	SEN	C. T. Fundão	127	00:21:07	157	01:15:40	58	00:06:53	01:43:41	00:27:46
85	2111	1283	João Luis	-	S23	G. A. A. Vila Franca de Xira	144	00:21:49	151	01:14:59	57	00:06:53	01:43:42	00:27:47
86	1271	551	Pedro Bica	-	JUN	G. D. R. de Manique de Cima	163	00:22:32	147	01:13:43	103	00:07:27	01:43:43	00:27:48
87	4402	849	Joaquim Carlos Lopes	-	V1	Amiciclo	101	00:18:51	164	01:18:25	36	00:06:34	01:43:51	00:27:56
88	4355	250	Paulo Alexandre Marques	-	V1	GRECI - EL CORTE INGLÉS	168	00:22:42	143	01:12:57	161	00:08:26	01:44:07	00:28:12
89	5525		Ismael Fernandes	-	SEN	Individual	137	00:21:30	156	01:15:32	90	00:07:18	01:44:21	00:28:26
90	2035	839	Tiago Lança	-	S23	Amiciclo	156	00:22:17	150	01:14:58	85	00:07:15	01:44:31	00:28:36
91	5219		João Miguel Casado	-	SEN	Individual	189	00:24:03	91		14		01:44:31	00:28:37
92	4368	401	Luis Freitas	-	V1	Individual	48		53		152	00:08:18	01:44:31	00:28:37
93	4287	867	Luis Abade	-	V1	Assoc. Académica de Coimbra	49		54		114	00:07:33	01:44:37	00:28:43
94	4204	243	Mário Sousa	-	V2	Peniche A. C.	147	00:21:56	154	01:15:27	99	00:07:23	01:44:48	00:28:53
95	5194		Fernando Santos	-	V2	Individual	105	00:19:42	168	01:18:51	43	00:06:44	01:45:18	00:29:23
96	4398	823	Luis Gomes	-	V2	A. D. C. R. Painho	57		63		87	00:07:15	01:45:25	00:29:30
97	3526	323	António Gouveia	-	SEN	C. F. "Os Belenenses"	24		27		76	00:07:11	01:45:31	00:29:37
98	5151		Alexandre Pimpão	-	SEN	Individual	133	00:21:25	159	01:16:39	111	00:07:32	01:45:37	00:29:42

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Corrida	5.700 mt	BTT:	19.000 mt	Corrida:	1.900 mt			

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Lu	Dors	Lic	Nome	PEN	Escal	Nome de clube	P	Corrida	P	BTT	P	Corrida	Total	Diff
99	4434	437	Luis Pereira	-	V1	Clube de Triatlo de Almada	104	00:19:31	174	01:19:18	55	00:06:51	01:45:41	00:29:46
100	3758	1019	Celso Moreira	-	SEN	DAR - Recardães	14		16		107	00:07:28	01:45:44	00:29:49
101	5512		João Portela	-	V5	Individual	117	00:20:41	163	01:18:19	62	00:06:58	01:45:59	00:30:04
102	1279	717	Daniel Contente	-	JUN	Ginásio Clube de Sines	181	00:23:48	148	01:13:49	164	00:08:28	01:46:06	00:30:11
103	3177	833	António Miguel Reis	-	SEN	Amiciclo	143	00:21:41	25		5		01:46:15	00:30:20
104	4188	725	Luis Filipe Pereira	-	V2	Peniche A. C.	153	00:22:15	160	01:16:44	93	00:07:19	01:46:20	00:30:25
105	5531		Sérgio Semedo	-	SEN	Individual	94		106		186	00:08:50	01:46:21	00:30:26
106	4391	502	Luis Feio Romão	-	V1	Cl. Ferroviário de Vendas Novas	112	00:20:25	170	01:18:57	64	00:07:01	01:46:23	00:30:28
107	5240		Luis Prego	-	V3	Individual	73		81		94	00:07:20	01:46:27	00:30:32
108	4326	405	Carlos Ferreira	-	V4	Individual	177	00:23:04	61		9		01:46:36	00:30:41
109	4278	1043	António Barbosa	-	V2	Louletano/AlgarvCycles/LouleJardimHot	107	00:20:04	70		11		01:47:14	00:31:19
110	5301		Paulo Godinho	-	V1	Individual	176	00:23:03	158	01:16:28	132	00:07:50	01:47:22	00:31:27
111	3699	657	José Luis Menezes	-	SEN	McDonalds/TriBraga	194	00:24:16	153	01:15:10	137	00:07:56	01:47:23	00:31:28
112	5325		Pedro Oliveira	-	SEN	Individual	197	00:24:30	152	01:15:05	147	00:08:05	01:47:41	00:31:46
113	3748	869	Gonçalo Costa	-	SEN	Assoc. Académica de Coimbra	34		39		105	00:07:28	01:48:00	00:32:05
114	5322		Pedro Miguel Machado	-	SEN	Individual	136	00:21:29	162	01:17:58	183	00:08:45	01:48:13	00:32:18
115	1270	545	André Mateus Silva	-	JUN	G. D. R. de Manique de Cima	159	00:22:23	167	01:18:34	104	00:07:27	01:48:24	00:32:30
116	3195	517	Ana Filipa Santos	-	SEN	C. T. Fundão	146	00:21:56	176	01:19:21	79	00:07:12	01:48:30	00:32:35
117	5193		Emanuel Simões	-	SEN	Individual	82		92		91	00:07:19	01:48:58	00:33:03
118	4358	748	João Bento	-	V1	A. R. S. C. Toledo	60		66		10		01:49:20	00:33:25
119	5323		Pedro Nascimento	-	SEN	Individual	160	00:22:24	86		13		01:49:29	00:33:34
120	4267	868	Victor Garcez	-	V3	Assoc. Académica de Coimbra	17		19		109	00:07:30	01:49:53	00:33:58
121	3092	514	Pedro Venâncio	-	SEN	C. T. Fundão	16		18		95	00:07:21	01:49:56	00:34:01
122	5497		Guilherme Sarria	-	V1	Individual	172	00:22:54	171	01:19:03	143	00:08:02	01:50:00	00:34:05
123	5359		Sérgio Wiezbecki	-	V2	Individual	68		76		127	00:07:47	01:50:28	00:34:33
124	2143	353	Ana Teresa Machado	-	S23	Clube Olímpico de Oeiras	138	00:21:30	191	01:22:15	48	00:06:47	01:50:33	00:34:38
125	5204		Hugo Reis	-	SEN	Individual	158	00:22:22	181	01:20:27	121	00:07:44	01:50:34	00:34:39
126	4360	558	Helder Lopes	-	V1	G. D. R. de Manique de Cima	61		67		130	00:07:48	01:50:38	00:34:43
127	4364	297	Humberto Jorge	-	V1	G. D. R. de Manique de Cima	165	00:22:33	179	01:19:49	150	00:08:18	01:50:41	00:34:46
128	3717	578	Tiago Avelãs	-	SEN	Serv. Soc. CGD	180	00:23:38	173	01:19:10	153	00:08:19	01:51:08	00:35:13
129	4384	471	Paulo Carvalho	-	V2	Clube de Triatlo de Almada	161	00:22:27	184	01:21:17	113	00:07:33	01:51:18	00:35:23
130	4412	1021	Vasco Micaelo	-	V5	DAR - Recardães	47		52		101	00:07:26	01:51:21	00:35:26
131	5268		Normando Ferreira	-	SEN	Individual	185	00:23:59	172	01:19:04	165	00:08:28	01:51:32	00:35:37
132	5448		Joaquim Figueiredo	-	V3	Individual	89		101		18		01:51:36	00:35:42
133	3716	923	Raúl Jorge	-	SEN	C. D. "Os Águias" de Alpiarça	151	00:22:03	189	01:22:06	108	00:07:30	01:51:40	00:35:45
134	4400	759	Paulo Canário	-	V1	Cl. Ferroviário de Vendas Novas	67		74		189	00:08:53	01:51:46	00:35:51
135	4399	826	Manuel Ferreira	-	V1	A. D. C. R. Painho	149	00:21:59	192	01:22:15	126	00:07:46	01:52:02	00:36:07
136	1311	43	Andreia Lopes	-	JUN	C. F. "Os Belenenses"	190	00:24:06	180	01:19:53	151	00:08:18	01:52:18	00:36:23
137	3240	59	Carla Ribeiro	-	SEN	Louletano/AlgarvCycles/LouleJardimHot	182	00:23:51	182	01:20:43	145	00:08:04	01:52:38	00:36:44
138	5234		Luis Fera	-	SEN	Individual	78		87		138	00:07:58	01:52:51	00:36:56
139	5465		Erkuden Mendoza	-	SEN	Individual	213	00:25:30	175	01:19:19	158	00:08:24	01:53:14	00:37:19
140	3675	388	Marco Lourenço	-	SEN	Resistentes	170	00:22:48	177	01:19:37	240	00:11:08	01:53:35	00:37:40
141	3004	873	Bruno Silva	-	SEN	A. M. C. R. Fonte Grada	130	00:21:18	200	01:25:35	44	00:06:45	01:53:39	00:37:44
142	3613	554	Nuno Rijo	-	SEN	G. D. R. de Manique de Cima	150	00:22:00	197	01:23:40	142	00:08:02	01:53:43	00:37:48
143	4408	817	Anibal Gaspar	-	V1	Alhandra Sporting Club	129	00:21:10	201	01:25:54	63	00:06:58	01:54:03	00:38:08
144	2157	567	Miguel Branco	-	S23	G. D. R. de Manique de Cima	5		5		115	00:07:34	01:54:09	00:38:14
145	3520	429	Hugo Tomé Ferreira	-	SEN	C. N. Tejo	193	00:24:15	185	01:21:33	156	00:08:21	01:54:10	00:38:15
146	1274	1029	Nuno Guedelha	-	JUN	G. D. R. de Manique de Cima	11		12		211	00:09:33	01:54:12	00:38:17
147	5185		Carlos Vitor	-	V2	Individual	229	00:27:07	165	01:18:27	173	00:08:38	01:54:13	00:38:18

Data:	07-03-2010	Hora:	11h00	Local:	Grândola			
Corrida	5.700 mt	BTT:	19.000 mt	Corrida:	1.900 mt			

Ranking:	Taça de Portugal duatlo	Hora de Partida:	00h00
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Lu	Dors	Lic	Nome	PEN	Escal	Nome de clube	P	Corrida	P	BTT	P	Corrida	Total	Diff
148	3798	1429	Sérgio Ferreira	-	SEN	C. N. Alvito	154	00:22:16	194	01:23:02	195	00:09:03	01:54:22	00:38:27
149	4108	225	Paulo Leitão Santos	-	V2	Peniche A. C.	202	00:24:52	186	01:21:45	133	00:07:53	01:54:30	00:38:35
150	5202		Henrique Tomé	-	SEN	Individual	188	00:24:02	188	01:21:52	180	00:08:43	01:54:38	00:38:43
151	4396	732	António Peixoto	-	V1	GRECI - EL CORTE INGLÉS	216	00:25:38	169	01:18:55	227	00:10:19	01:54:53	00:38:58
152	5355		Rui Pedro Gonçalves	-	LAZ	Individual	241	00:28:20	161	01:17:12	207	00:09:27	01:55:00	00:39:05
153	3182	509	Alexandre Ventura	-	SEN	C. N. Cartaxo	211	00:25:26	166	01:18:31	239	00:11:07	01:55:05	00:39:10
154	1173	134	Rúben Rosa	-	JUN	Individual	175	00:23:01	196	01:23:25	187	00:08:51	01:55:17	00:39:22
155	4268	979	Vasco Soares	-	V1	Clube de Praças da Armada	191	00:24:09	195	01:23:10	139	00:07:58	01:55:18	00:39:23
156	4411	1020	Victor Campos	-	V4	DAR - Recardães	201	00:24:51	183	01:20:58	209	00:09:29	01:55:19	00:39:24
157	4394	878	Pedro Miguel Jorge	-	V1	Associação Naval Amorense	203	00:25:00	75		12		01:55:35	00:39:40
158	3478	845	Sofia Brites	-	SEN	Amiciclo	200	00:24:50	193	01:22:16	167	00:08:31	01:55:38	00:39:43
159	4393	877	Julio Nunes	-	V1	Associação Naval Amorense	222	00:26:35	178	01:19:48	219	00:09:48	01:56:12	00:40:17
160	5229		José Luis Gonilho Caturra	-	V3	Individual	79		88		190	00:08:55	01:56:44	00:40:49
161	3587	1034	Isa Parreira	-	SEN	Louletano/AlgarvCycles/LouleJardimHot	183	00:23:53	198	01:24:57	136	00:07:55	01:56:46	00:40:51
162	3489	1151	Cecilia Shinn	-	SEN	COMPEED - Tri-Oeste	28		33		112	00:07:33	01:56:59	00:41:04
163	4378	655	Jorge Costa	-	V1	McDonalds/TriBraga	220	00:26:14	190	01:22:13	185	00:08:49	01:57:18	00:41:23
164	3517	454	Fábio Pratas	-	SEN	Clube de Triatlo de Almada	134	00:21:26	205	01:26:30	208	00:09:28	01:57:25	00:41:30
165	4279	435	João Morgado	-	V1	Clube de Triatlo de Almada	59		65		163	00:08:27	01:57:27	00:41:32
166	3387	345	José António Jesus	-	SEN	Clube Olímpico de Oeiras	169	00:22:43	207	01:27:33	75	00:07:10	01:57:27	00:41:32
167	3678	560	Pedro Pereira	-	SEN	G. D. R. de Manique de Cima	155	00:22:17	202	01:26:15	204	00:09:16	01:57:48	00:41:53
168	4063	1372	José Soares	-	V3	Louletano/AlgarvCycles/LouleJardimHot	199	00:24:43	199	01:25:17	146	00:08:05	01:58:05	00:42:10
169	4405	984	Mário Silva	-	V2	Clube de Praças da Armada	54		59		168	00:08:32	01:58:11	00:42:16
170	5245		Miguel Alves	-	SEN	Individual	237	00:27:33	187	01:21:52	200	00:09:10	01:58:36	00:42:41
171	3734	822	José Ferreira	-	SEN	A. D. C. R. Painho	46		51		166	00:08:30	01:58:54	00:42:59
172	3782	1309	Fernando Torres Pereira	-	V1	Individual	33		38		144	00:08:03	01:59:05	00:43:10
173	1286	417	Ana Alarico	-	JUN	C. N. Tejo	178	00:23:13	208	01:27:59	177	00:08:42	01:59:55	00:44:00
174	4426	1364	José Alberto Marcos	-	V2	Louletano/AlgarvCycles/LouleJardimHot	64		71		141	00:08:01	01:59:59	00:44:04
175	5230		José Santos	-	V2	Individual	80		89		181	00:08:43	02:00:20	00:44:25
176	3100	871	Luis Cipriano	-	SEN	A. M. C. R. Fonte Grada	22		24		35	00:06:34	02:00:27	00:44:32
177	5357		Sérgio Vieira	-	SEN	Individual	210	00:25:23	204	01:26:27	178	00:08:42	02:00:33	00:44:38
178	5172		Augusto Ferreira	-	V4	Individual	208	00:25:22	95		15		02:00:45	00:44:50
179	4363	566	Joaquim Guedelha	-	V2	G. D. R. de Manique de Cima	207	00:25:21	203	01:26:26	197	00:09:07	02:00:55	00:45:01
180	3670	733	Jorge Oliveira	-	SEN	GRECI - EL CORTE INGLÉS	230	00:27:14	31		7		02:01:33	00:45:38
181	4020	58	Paulo Alves	-	V2	Amiciclo	145	00:21:53	223	01:32:00	120	00:07:43	02:01:37	00:45:42
182	3649	581	Nuno Santos	-	V1	TRIATLO CLUBE TAP	215	00:25:36	206	01:27:23	174	00:08:39	02:01:38	00:45:43
183	5524		Marco Carmo	-	SEN	Individual	93		105		236	00:10:58	02:01:42	00:45:47
184	5226		José Conceição	-	V1	Individual	196	00:24:30	214	01:29:46	123	00:07:45	02:02:02	00:46:07
185	3403	1040	Rita Ribeiro	-	SEN	Louletano/AlgarvCycles/LouleJardimHot	198	00:24:35	212	01:29:29	170	00:08:32	02:02:38	00:46:43
186	5201		Helder Figueiredo	-	SEN	Individual	173	00:22:58	225	01:32:23	102	00:07:26	02:02:48	00:46:53
187	3493	557	José Pinho	-	SEN	G. D. R. de Manique de Cima	187	00:24:02	209	01:28:31	228	00:10:27	02:03:01	00:47:06
188	5440		Wellinton Satyro	-	V2	Individual	69		77		176	00:08:39	02:03:26	00:47:31
189	5441		Paulo Costa	-	V2	Individual	88		100		179	00:08:42	02:03:28	00:47:33
190	4294	1056	José Panóias	-	V3	Quintajense Futebol Clube	195	00:24:29	217	01:30:14	194	00:09:02	02:03:45	00:47:50
191	3015	434	Maria João Madeira	-	SEN	Clube de Triatlo de Almada	192	00:24:12	221	01:31:13	182	00:08:45	02:04:11	00:48:16
192	4342	140	Luis Filipe Silva	-	V3	TRIATLO CLUBE TAP	56		62		155	00:08:19	02:04:17	00:48:22
193	5504		José Fonseca	-	V3	Individual	205	00:25:11	218	01:30:15	192	00:08:58	02:04:25	00:48:30
194	5228		José Davide Gregório	-	V1	Individual	212	00:25:27	219	01:31:06	159	00:08:24	02:04:58	00:49:03
195	1128	351	Carolina Gregório	-	JUN	Clube Olímpico de Oeiras	6		6		160	00:08:25	02:04:59	00:49:05
196	5232		Karin Omberg	-	V1	Individual	81		90		171	00:08:34	02:05:30	00:49:35

Data:	07-03-2010	Hora:	11h00	Local:	Grândola			
Corrida	5.700 mt	BTT:	19.000 mt	Corrida:	1.900 mt			

Ranking:	Taça de Portugal duatlo	Hora de Partida:	00h00
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Lu	Dors	Lic	Nome	PEN	Escal	Nome de clube	P	Corrida	P	BTT	P	Corrida	Total	Diff
197	3722	626	Ana Sofia Henriques	-	SEN	Associação Naval Amorense	40		45		128	00:07:47	02:06:09	00:50:14
198	3525	326	Elisabete Sousa	-	SEN	C. F. "Os Belenenses"	21		23		124	00:07:46	02:06:20	00:50:25
199	5198		Francisco Sobral	-	V2	Individual	234	00:27:21	213	01:29:43	215	00:09:40	02:06:46	00:50:51
200	5332		Pedro Sobral	-	SEN	Individual	71		79		230	00:10:27	02:06:46	00:50:51
201	5302		Paulo Jorge Dias	-	V2	Individual	218	00:25:55	222	01:31:32	205	00:09:24	02:06:52	00:50:57
202	5341		Rui Ferreira	-	SEN	Individual	228	00:27:03	216	01:30:12	220	00:09:49	02:07:05	00:51:10
203	5153		Ana Paula Gaspar	-	V2	Individual	243	00:28:29	210	01:29:01	214	00:09:40	02:07:11	00:51:16
204	5200		Guilherme Branquinho	-	SEN	Individual	242	00:28:29	211	01:29:01	216	00:09:41	02:07:11	00:51:16
205	5175		Bruno Rebelo Araujo	-	SEN	Individual	184	00:23:54	230	01:34:27	202	00:09:13	02:07:35	00:51:40
206	3169	327	Gonçalo Campos Lopes	-	SEN	C. F. "Os Belenenses"	219	00:25:56	220	01:31:10	231	00:10:32	02:07:40	00:51:45
207	1272	1028	Luis Miguel Silva	-	JUN	G. D. R. de Manique de Cima	186	00:24:01	226	01:33:06	237	00:11:02	02:08:10	00:52:15
208	2166	1331	Daniel Zeferino	-	S23	Clube de Praças da Armada	206	00:25:14	228	01:33:50	217	00:09:44	02:08:49	00:52:54
209	4401	848	Joaquim Manuel Lopes	-	V2	Amiciclo	65		72		245	00:11:53	02:09:35	00:53:40
210	4362	564	José Colaço	-	V4	G. D. R. de Manique de Cima	52		57		233	00:10:37	02:09:47	00:53:52
211	5235		Luis Manuel Conceição	-	V3	Individual	214	00:25:35	231	01:35:58	157	00:08:22	02:09:55	00:54:00
212	4361	559	Hipólito Ferreira	-	V2	G. D. R. de Manique de Cima	233	00:27:19	229	01:34:04	175	00:08:39	02:10:03	00:54:08
213	5227		José Correia	-	V3	Individual	245	00:29:07	224	01:32:23	212	00:09:36	02:11:06	00:55:11
214	3723	663	Luis Cavaco	-	V1	Associação Naval Amorense	248	00:30:42	215	01:29:55	235	00:10:57	02:11:35	00:55:40
215	5157		André Pontes	-	SEN	Individual	87		98		224	00:10:11	02:11:45	00:55:50
216	1210	719	Hugo Jorge Martins	-	JUN	Ginásio Clube de Sines	209	00:25:23	10		2		02:11:48	00:55:53
217	3118	941	Nuno Morais	-	SEN	C. N. Cartaxo	227	00:26:58	232	01:36:07	184	00:08:46	02:11:51	00:55:56
218	5179		Carlos Gomes	-	V3	Individual	239	00:27:56	227	01:33:46	222	00:10:09	02:11:52	00:55:57
219	5536	1354	Vitor Vicente	-	V4	C. N. Colégio Vasco da Gama	55		60		172	00:08:37	02:11:58	00:56:03
220	4387	599	Fábia Silva	-	V1	Clube Olímpico de Oeiras	204	00:25:01	237	01:39:07	149	00:08:14	02:12:23	00:56:28
221	3724	664	Luis Tavares	-	V1	Associação Naval Amorense	224	00:26:50	233	01:37:02	213	00:09:37	02:13:29	00:57:34
222	4280	463	Paulo Lopes	-	V1	Clube de Triatlo de Almada	58		64		232	00:10:33	02:13:36	00:57:41
223	3390	155	Hélder Valente	-	SEN	Serv. Soc. CGD	235	00:27:23	234	01:37:06	218	00:09:45	02:14:15	00:58:20
224	4383	1008	Helena Moura	-	V2	Clube de Triatlo de Almada	226	00:26:54	236	01:38:40	201	00:09:12	02:14:47	00:58:52
225	3646	105	Carlos Oliveira	-	SEN	GRECI - EL CORTE INGLÉS	231	00:27:17	235	01:38:18	203	00:09:14	02:14:50	00:58:56
226	1281	439	Caterina Sousa	-	JUN	Clube de Triatlo de Almada	7		7		1		02:15:29	00:59:34
227	3589	519	Pedro Lopes Pereira	-	SEN	C. T. Fundação	90		102		196	00:09:05	02:16:45	01:00:50
228	5530		Pedro Oliveira	-	V1	Individual	223	00:26:45	239	01:40:59	198	00:09:08	02:16:53	01:00:58
229	4332	505	João Gameiro	-	V4	C. N. Cartaxo	62		68		193	00:08:59	02:16:56	01:01:01
230	3752	1039	Vera Silva	-	SEN	Louletano/AlgarvCycles/LouleJardimHot	240	00:27:57	238	01:39:46	223	00:10:10	02:17:54	01:01:59
231	5522		Nuno Figueiredo	-	SEN	Individual	221	00:26:30	240	01:42:11	206	00:09:26	02:18:09	01:02:14
232	5306		Paulo Louro	-	V1	Individual	217	00:25:47	242	01:43:38	191	00:08:58	02:18:24	01:02:29
233	5333		Peter Tsvetkov	-	SEN	Individual	72		80		226	00:10:18	02:20:56	01:05:01
234	1261	718	Sara Ferreira	-	JUN	Ginásio Clube de Sines	10		11		234	00:10:52	02:21:13	01:05:18
235	1298	527	Carolina Serrazina	-	JUN	Ext. Coop. da Benedita	2		2		229	00:10:27	02:22:25	01:06:30
236	5217		João Marcelino	-	V3	Individual	244	00:28:50	241	01:43:06	241	00:11:14	02:23:11	01:07:16
237	5281		Nuno Freire	-	SEN	Individual	76		84		238	00:11:06	02:24:23	01:08:28
238	1178	553	Sara Dourado	-	JUN	G. D. R. de Manique de Cima	225	00:26:53	244	01:46:47	244	00:11:32	02:25:13	01:09:18
239	4365	131	Paulo Viana	-	V1	Alhandra Sporting Club	63		69		221	00:09:56	02:26:20	01:10:25
240	4346	133	Jorge Carreiras	-	V1	Individual	232	00:27:18	245	01:49:56	199	00:09:08	02:26:23	01:10:28
241	5208		Joana Fragata	-	SEN	Individual	250	00:31:22	243	01:44:03	243	00:11:29	02:26:55	01:11:00
242	4345	627	Paulo Batista	-	V2	TRIATLO CLUBE TAP	236	00:27:25	246	01:51:14	188	00:08:51	02:27:31	01:11:36
243	1296	681	Maria Carvalho	-	JUN	Ext. Coop. da Benedita	1		1		252	00:14:13	02:31:06	01:15:11
244	4409	874	Francisco Cipriano	-	V5	A. M. C. R. Fonte Grada	53		58		225	00:10:17	02:31:13	01:15:18
245	5210		João Boim	-	SEN	Individual	238	00:27:41	249	01:54:13	242	00:11:18	02:33:12	01:17:17

Data:	07-03-2010	Hora:	11h00	Local:	Grândola
Corrida	5.700 mt	BTT:	19.000 mt	Corrida:	1.900 mt

Ranking:	Taça de Portugal duatlo	Hora de Partida:	00h00
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Lu	Dors	Lic	Nome	PEN	Escal	Nome de clube	P	Corrida	P	BTT	P	Corrida	Total	Diff
246	5335		Raúl Costa	-	V3	Individual	247	00:30:31	248	01:53:33	210	00:09:31	02:33:36	01:17:41
247	3671	575	Bruno Torres	-	SEN	GRECI - EL CORTE INGLÉS	246	00:30:07	250	01:56:19	248	00:13:06	02:39:33	01:23:38
248	3730	734	Bruno Rainho	-	SEN	GRECI - EL CORTE INGLÉS	252	00:34:10	247	01:52:12	249	00:13:35	02:39:58	01:24:03
249	3800	1375	Hugo Borges	-	SEN	GRECI - EL CORTE INGLÉS	249	00:30:48	251	01:57:00	246	00:12:35	02:40:24	01:24:29
250	4310	842	Isabel Cansado	-	V2	Amiciclo	66		73		247	00:13:06	02:42:26	01:26:31
251	5307		Paulo Mestre	-	SEN	Individual	251	00:32:01	252	02:14:05	250	00:13:39	02:59:46	01:43:51
252	5139	841	Andreia Candeias	-	SEN	Amiciclo	41		46		251	00:13:39	02:59:47	01:43:52
	5121	415	João Francisco Ferreira	DNF	JUN	C. N. Tejo		00:20:11						-
	1129	844	Neuza Reis	DNF	JUN	Amiciclo								-
	1170	720	Gonçalo Barros	DNF	JUN	Ginásio Clube de Sines		00:22:36						-
	3677	263	Rui Manuel Pereira	DNF	SEN	A. R. S. C. Toledo		00:24:03						-
	3404	824	Miguel Ramos	DNF	SEN	A. D. C. R. Painho		00:23:19						-
	3535	139	Pedro Francisco	DNF	SEN	TRIATLO CLUBE TAP		00:20:06						-
	4189	492	Carlos Serra	DNF	V1	Alhandra Sporting Club								-
	3391	151	Carlos Albano Silva	DNF	SEN	Serv. Soc. CGD		00:27:24						-
	3261	499	David Caldeirão	DNF	SEN	Louletano/AlgarvCycles/LouleJardimHot		00:19:07						-
	3529	840	Paulo Pereira	DNF	SEN	Amiciclo		00:22:11						-
	4290	170	Bento Tanganho	DNF	V4	Alhandra Sporting Club		00:24:22						-
	4300	521	Jorge Monteiro	DNF	V2	Ext. Coop. da Benedita		00:23:05						-
	4331	506	Fernando Oliveira	DNF	V1	C. N. Cartaxo		00:26:22						-
	4335	518	Filomena Gomes	DNF	V1	C. T. Fundão		00:26:25						-
	5237		Luis Miguel Espiga Galrito	DNF	S23	Individual		00:25:43						-
	5215		Joao de Sousa	DNF	V2	Individual		00:25:51						-
	5203		Hugo Quaresma	DNF	SEN	Individual		00:27:49						-
	5187		Carmen Ferrão	DNF	SEN	Individual		00:31:11						-
	5191		Diogo Alexandre Pereira	DNF	S23	Individual								-
	5181		Carlos Lopes	DNF	SEN	Individual		00:22:00						-
	5173		Bruno Dias	DNF	SEN	Individual		00:21:31						-
	1301	847	Rita Maria Lopes	DNS	JUN	Amiciclo								-
	1103	573	Andreia Simões Lopes	DNS	JUN	Ginásio Clube de Sines								-
	1303	50	Ricardo Calado	DNS	JUN	C. D. "Os Águias" de Alpiarça								-
	2088	13	Miguel Arraiolos	DNS	S23	C. D. "Os Águias" de Alpiarça								-
	1149	26	Guilherme Marques	DNS	JUN	C. D. "Os Águias" de Alpiarça								-
	1290	431	Diogo André Gomes	DNS	JUN	C. N. Tejo								-
	1288	426	Nuno Nogueira	DNS	JUN	C. N. Tejo								-
	1233	419	Diogo Rosa	DNS	JUN	C. N. Tejo								-
	1216	592	Pedro Miguel Amaral	DNS	JUN	C. D. "Os Águias" de Alpiarça								-
	2083	1113	Carlos Papacinza	DNS	S23	C. N. Alvito								-
	1163	487	Paulo Alexandre Antunes	DNS	JUN	Clube Olímpico de Oeiras								-
	2120	721	Tânia Boleta	DNS	S23	Ginásio Clube de Sines								-
	1275	570	Ricardo Santos	DNS	JUN	G. D. R. de Manique de Cima								-
	3726	795	Nuno Loureiro	DNS	LAZ	Individual								-
	3260	838	Rafael Gomes	DNS	SEN	Amiciclo								-
	4222	1049	Manuel Lopes	DNS	V3	Peniche A. C.								-
	3119	510	Paulo Calixto	DNS	SEN	C. N. Cartaxo								-
	3679	561	Pedro Borges Coelho	DNS	SEN	G. D. R. de Manique de Cima								-
	3120	504	Mário Couto	DNS	SEN	C. N. Cartaxo								-
	3606	590	Paulo Silvestre	DNS	SEN	Assoc. 20 Km de Almeirim								-
	3291	4	Duarte Marques	DNS	SEN	C. D. "Os Águias" de Alpiarça								-

Data:	07-03-2010	Hora:	11h00	Local:	Grândola			
Corrida	5.700 mt	BTT:	19.000 mt	Corrida:	1.900 mt			

Ranking:	Taça de Portugal duatlo	Hora de Partida:	00h00
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Lu	Dors	Lic	Nome	PEN	Escal	Nome de clube	P	Corrida	P	BTT	P	Corrida	Total	Diff
	3708	430	Octávio Vicente	DNS	SEN	C. N. Tejo								-
	3500	943	Fábio Ferreira	DNS	SEN	C. N. Cartaxo								-
	4149	595	José Ribeiro	DNS	V1	C. D. "Os Águias" de Alpiarça								-
	4039	1371	José Varela	DNS	V3	Louletano/AlgarvCycles/LouleJardimHot								-
	3714	1013	Esmeralda Câmara	DNS	SEN	C. T. Fundão								-
	3440	117	Filipa Fernandes	DNS	SEN	Individual								-
	3127	377	Tiago Lobo	DNS	SEN	COMPEED - Tri-Oeste								-
	3393	449	Rita Correia	DNS	SEN	Clube de Triatlo de Almada								-
	3755	1016	Marco Ferreira	DNS	SEN	DAR - Recardães								-
	3789	1335	Fábio Caniço	DNS	SEN	Clube de Praças da Armada								-
	4301	529	António Inácio	DNS	V2	Ext. Coop. da Benedita								-
	4324	895	Joaquim Ferreira	DNS	V1	Assoc. 20 Km de Almeirim								-
	4424	1323	Sandra Isabelinha	DNS	V2	C. D. "Os Águias" de Alpiarça								-
	4315	1359	Carlos Dias	DNS	V4	Individual								-
	4403	981	Paulo Jorge Santos	DNS	V2	Clube de Praças da Armada								-
	5353		Rui Marques	DNS	SEN	Individual								-
	5374		Vasco Borges	DNS	V1	Individual								-
	5432		Virgílio Viegas	DNS	SEN	Individual								-
	5327		Pedro Pereira	DNS	SEN	Individual								-
	5338		Renato Velez	DNS	SEN	Individual								-
	5347		Rui Gonçalves	DNS	SEN	Individual								-
	5348		Rui Luz	DNS	SEN	Individual								-
	5300		Nuno Spencer Abreu	DNS	SEN	Individual								-
	5309		Paulo Sousa	DNS	SEN	Individual								-
	5311		Paulo Toledo	DNS	V2	Individual								-
	5317		Pedro Carriço	DNS	SEN	Individual								-
	5224		Jorge Miguel Letras	DNS	SEN	Individual								-
	5221		Joaquim Carrilho	DNS	V1	Individual								-
	5223		Jorge Goncalves	DNS	V1	Individual								-
	5216		João Luís Seródio	DNS	V4	Individual								-
	5211		João Bronze	DNS	SEN	Individual								-
	5209		João Balsinha	DNS	V4	Individual								-
	5199		Gonçalo Passareiro	DNS	SEN	Individual								-
	5196		Francisca Lopes	DNS	V3	Individual								-
	5195		Filipe de Sousa	DNS	V2	Individual								-
	5183		Carlos Nunes	DNS	LAZ	Individual								-
	5188		Daniel Baião	DNS	SEN	Individual								-
	5182		Carlos Morgado Pereira	DNS	V2	Individual								-
	5171		António Quadrado	DNS	SEN	Individual								-
	5166		Antonio Kergoat Ferreira	DNS	LAZ	Individual								-
	5160		Antonio Carpinteiro	DNS	SEN	Individual								-
	5149		Alexandre Cunha	DNS	V1	Individual								-